



CIRCULAR 1243

Released September 2014

2014 Newcastle Permanent Ironperson Series

Audience: Club Secretaries, Club Presidents, Team Managers, Surf Sports Coordinators

Date: 26th September 2014

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Summary	2014 Newcastle Permanent Ironperson Series Circular detailing series information and entry process.
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Surf Life Saving Central Coast will be conducting the 2014 Newcastle Permanent Ironperson Series for competitors in the U10 to U17 age categories. The Ironperson race series will be held over three (3) rounds, each an individual event, between November and December at various locations across the coast.

Round 1 – 1st November 2014 @ Shelly Beach
Round 2 – 16th November 2014 @ Avoca – (*twilight round*)
Round 3 – 7th December 2014 @ The Lakes – Final – (*twilight round*)

Cost for the series:

\$55.00 (including GST) for all SLSCC Branch Members

\$66.00 (including GST) for all Members outside SLSCC Branch (*includes pink safety vest*)

Entries

All entries for the 2014 Newcastle Permanent Ironperson Series are only via the Online Registration Form which is available on the SLSCC Website www.slscc.com.au – Online Registrations.

Please note: There will be **NO LATE ENTRIES ON THE DAY** – All entries are via the Online Registration form.

Competitors only need to register once for the series, however if not competing at all rounds, competitors must be registered by midnight on the Thursday prior to the first round they are attending.

** Reminder to clubs - All competitors must be proficient. Please ensure proficiencies are completed prior to the first round of the series.

Please ensure all competitors have read and understand the event rules as attached. Should you require any further information or have any questions please contact Mel Ives on 4353 0299 or office@slscc.com.au

Kind regards

David Unger
SLSCC Director of Surf Sports



Here for good.

2014/2015

IRONPERSON SERIES

ROUND	DATE	START TIME	LOCATION	FORMAT
1	Saturday 1 st November 2014	9.00am	Shelly Beach	Traditional
2	Sunday 16 th November 2014	1.00pm	Avoca	Eliminator
3	Sunday 7 th December 2014	12.30pm	The Lakes	M Shape

Round 1 – Traditional

- Traditional course event
- **Swim** - U10 & U11 - min 250m U12 –U17 – min 400m
- **Run** - U10 & U11 - 100m U12 – U17 – 100m
- **Board** - U10 & U11 - min 400m U12 - U17 - min 500m

Round 2 – Eliminator

- Short course eliminator
 - **Swim** - 120m
 - **Board** - 200m
 - **Run** - 70m

Round 3 – M Course

- Competitors complete entire M course for swim and board.
 - **Swim** - U10/U11 280m U12-U17 - 480m
 - **Board** - U10/U11 480m U12-U17 - 680m
 - **Run** - 120m

Please note: All distances listed are the overall distance for each age category in each leg.



Brief Outline of the Series:

Surf Life Saving Central Coast will be conducting an U10 to U17 Ironperson race series held over three (3) rounds between November and December (these will be all individual events). These races will be held over three different beaches along the coast. Competitors are encouraged to compete in as many rounds as possible so they can earn maximum points.

Please ensure all competitors read all rules involving the Ironperson series.

Reporting Times:

Competitors must report at least **30 minutes** prior to the start time of each Round and have their numbers marked on their arm.

Team Manager Briefing

Briefing of the course will be held on the beach 15 minutes prior to the start of the round, only Team Managers are to attend.

Entries

All entries for the 2014 Newcastle Permanent Ironperson Series are only via the Online Registration Form which is available on the SLSCC Website www.slsc.com.au – Online Registrations.

Please note there will be **NO LATE ENTRIES ON THE DAY** – All entries are via the Online Registration form.

Competitors only need to register once for the series, however if not competing at all rounds, competitors must be registered by midnight on the Thursday prior to the first round they are attending.

Entry Fee

The cost for racing in the series will be;

- **\$55.00** for the series for SLSCC Branch Members
- **\$66.00** for the series for members outside SLSCC Branch

Note: Entry fee is for the series regardless of how many rounds attended.

Prizes:

There are prizes for the top three (3) place getters in each category, as well as Lucky Door Prizes. Presentation will be at the completion of the third (3) round at The Lakes Beach on 7th December 2014.

Attached:

- Event rules
- Diagrams of course formats

For further information please contact:

Mel Ives

Surf Life Saving Central Coast Support Officer

Ph: 02 4353 0299

Fax: 02 4353 0298

Email: office@slsc.com.au

General Rules for the Newcastle Permanent Ironperson Series

- **All competitors must wear the current SLSCC Pink “Freemasons” Safety vest to compete.** *(included in entry fee for out of Branch competitors only)*
- All competitors must wear their **CLUB CAP** to compete.
- The first 200 Competitors to register for the Series will receive a T-Shirt and hat.
- All events in the Ironperson series will be as detailed in the diagrams attached.
- The series referee has the right to change the course if required, due to surf or beach conditions.
- The boards used in this event must be **Surf Lifesaving approved**.
- Competitors must **report 30 minutes prior** to the start time. Before each event in the series, competitors will be given a **number** and also their **age** to write on their arm. *(Numbers & age must be on & visible prior to starting)*.
- Points are awarded as follows: 12 points for first place, 11 points for second place, etc up to tenth place. 1 point will be awarded for all other starters.
- Where there is a tie in any of the races the points will be added up and halved between each competitor. Where points are tied at the end of the series there will be a count back in places over the series.
- All complaints are to be directed to the Carnival Liaison Officer. The Referee has the right to disqualify any competitor.
- Any competitor in the Ironperson series can replace their board or club cap if they have been damaged during any of the races.
- The start will always be by whistle or gun.
- There will be a **draw for positions** before each event.
- Competitors must complete the entire course as explained by the course official.
- All rules for competitors are as SLSA Surf Sports Manual 34th Edition.
- The officials have the right to withdraw any individual competitor from the event if required.
- The organisers of the event have the right to make any changes to the event on the day. All competitors will be notified of any changes prior to the event starting at the Team Managers Briefing.
- **Official Requirements** are: 1 Official = 1 to 6 competitors; 2 Officials = 7 or more competitors; etc
- 1 Water Safety per 5 competitors.
- Competition Age group is as per Proficiency Age group for 2014-2015 season.

For all enquiries please don't hesitate to contact Mel Ives at Surf Life Saving Central Coast: 4353 0299 or office@slscc.com.au

2014/2015 NEWCASTLE PERMANENT IRONPERSON SERIES

PROGRAM

Report time is **30 minutes** prior to the Start time of each Round.

U/17 Male
U/17 Female
U/15 Male
U/15 Female
U/14 – Male
U/14 – Female
U/13 – Male
U/13 – Female
U/12 – Male
U/12 – Female
U/11 – Male
U/11 – Female
U/10 – Male
U/10 – Female

Minimum distances are listed with event course format however all distances will be determined on the day depending on conditions.

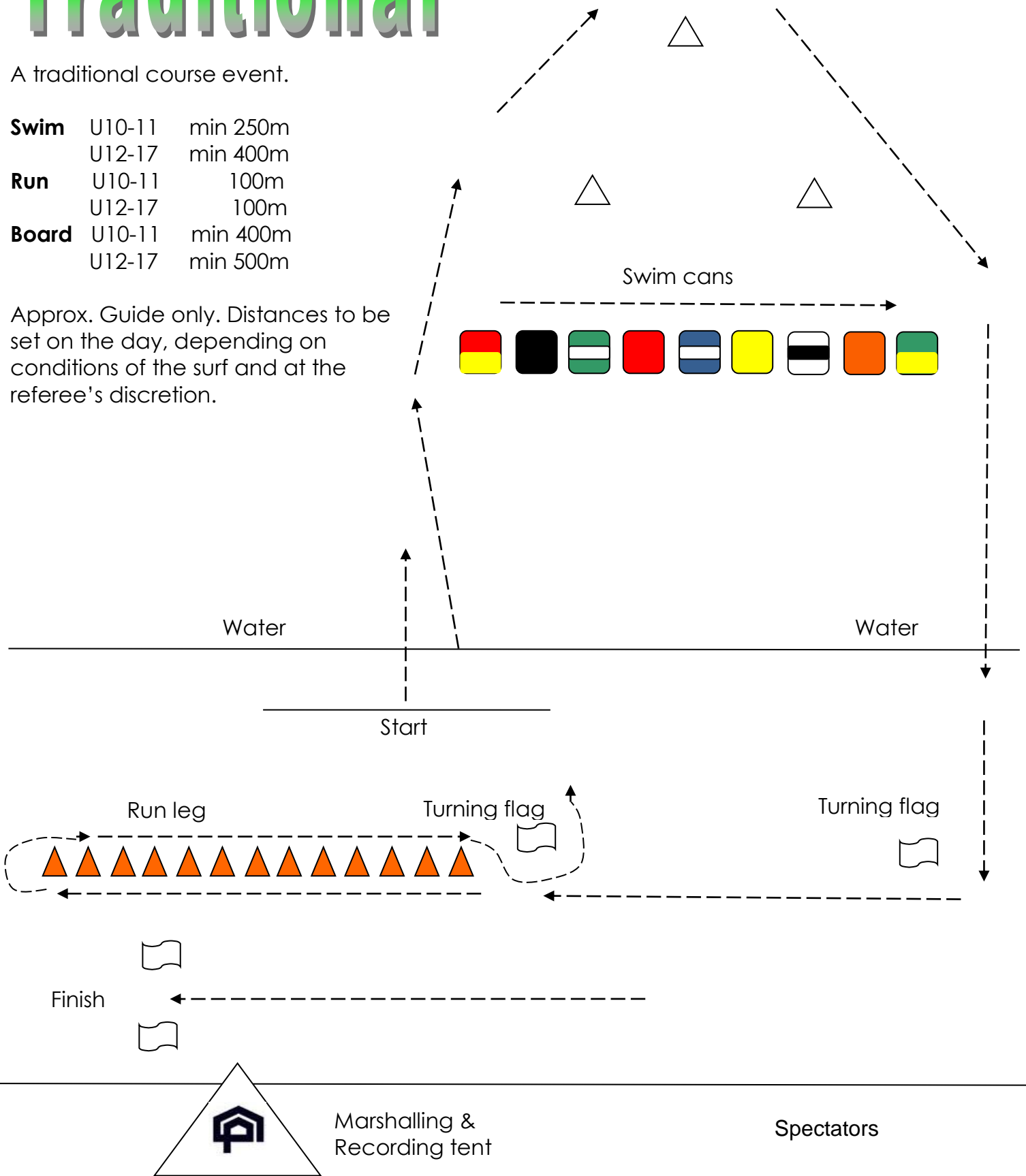
**Carnival Program may also change on the day due to conditions.
This will be the decision of the Carnival Referee.**

Traditional

A traditional course event.

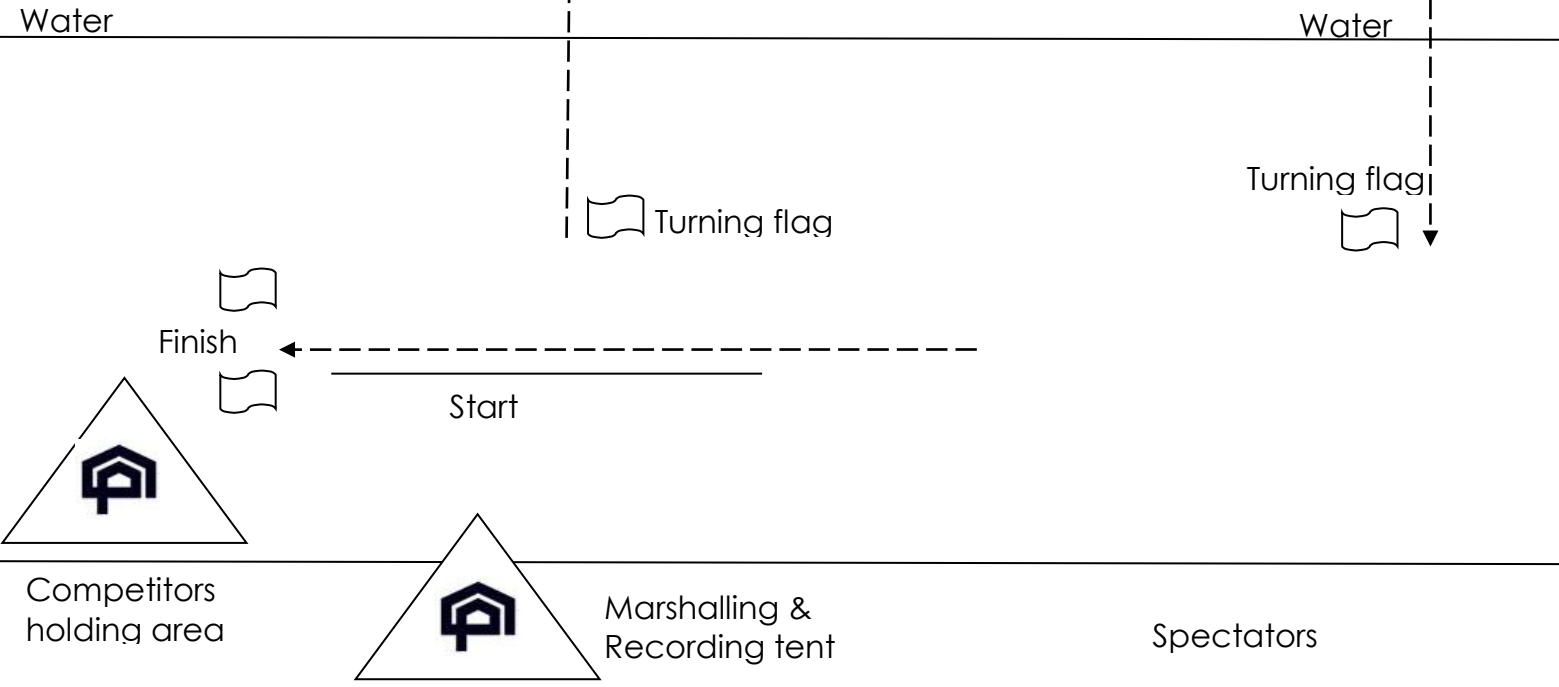
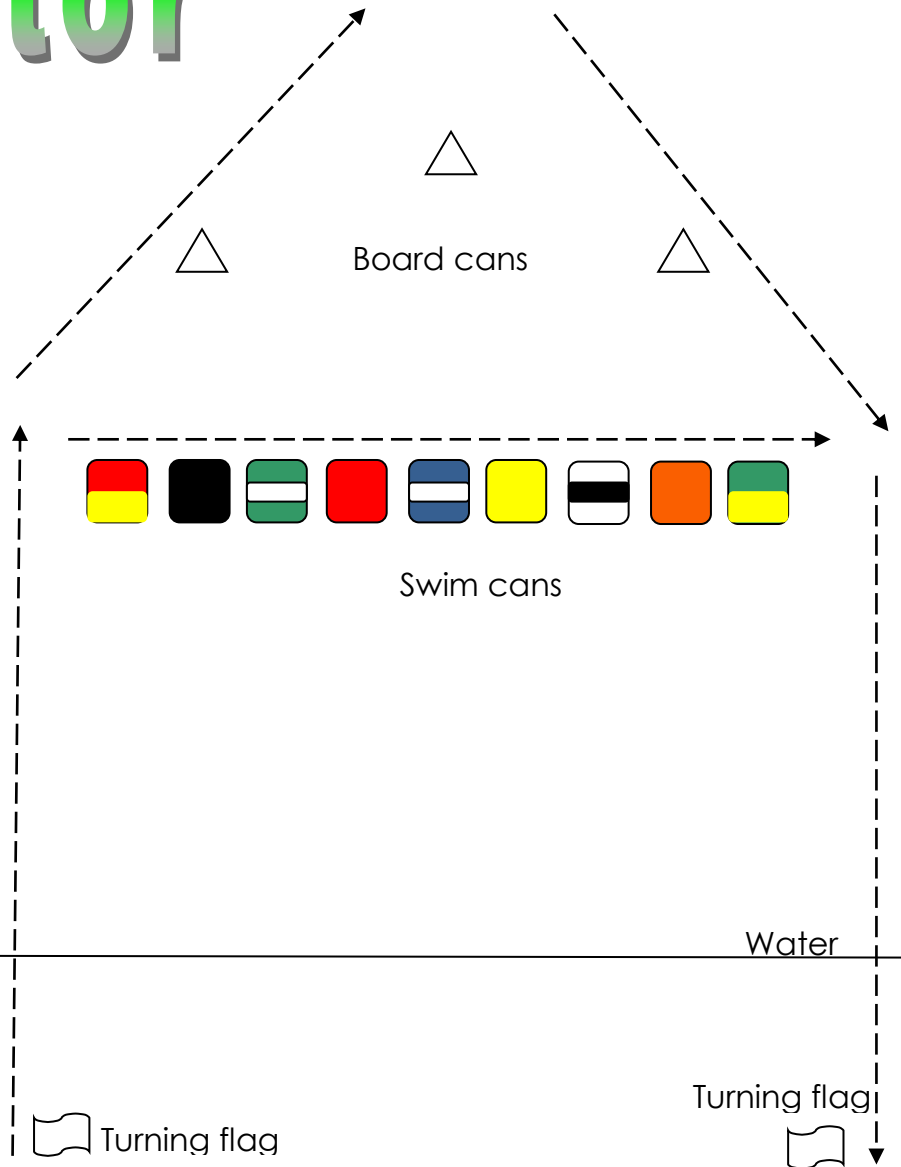
Swim	U10-11	min 250m
	U12-17	min 400m
Run	U10-11	100m
	U12-17	100m
Board	U10-11	min 400m
	U12-17	min 500m

Approx. Guide only. Distances to be set on the day, depending on conditions of the surf and at the referee's discretion.



Eliminator

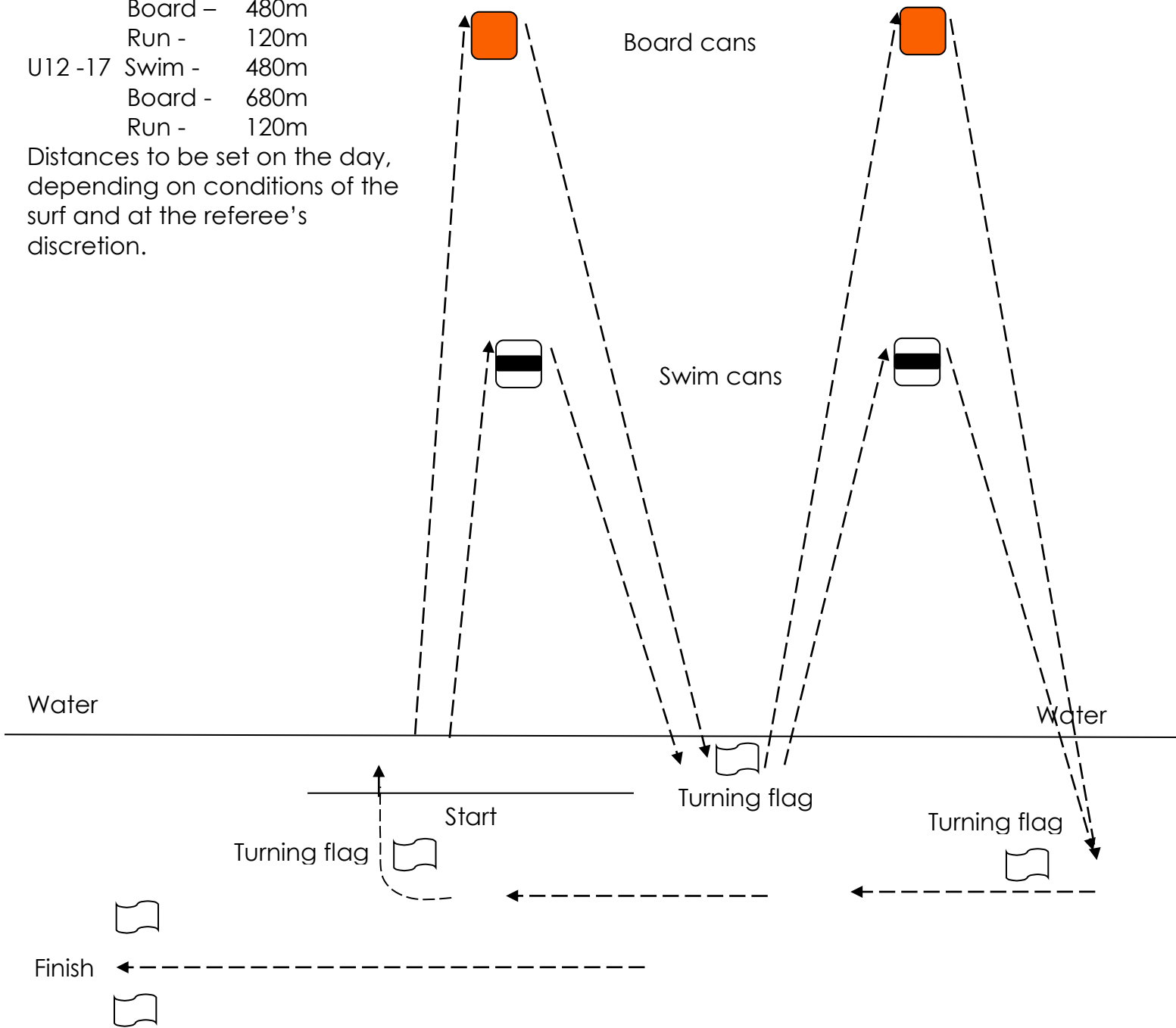
A short, fast race format. Competitors complete the short course 3 times, with a specified number of competitors eliminated after each race. A 3 minute break between is race is timed from the 1st competitor across the line. First race order is drawn. Subsequent races order chosen by winner of first race. Distances to be set on the day, depending on conditions of the surf and at the referee's discretion.



M course

- U10 -11 Swim – 280m
- Board – 480m
- Run - 120m
- U12 -17 Swim - 480m
- Board - 680m
- Run - 120m

Distances to be set on the day, depending on conditions of the surf and at the referee's discretion.



Marshalling &
Recording tent

Spectators