

# UMINA STINGRAY NEWS

JANUARY 2015

## NEWS SPLASH!!!!

**“BRONTE SMITH – SLSCC JUNIOR LIFE SAVER OF THE YEAR!”**

### Upcoming Events

- U6 and U7 Presentation Day – 1 March see Nipper News for details
- NSW State Championships – 28 Feb – 15 March
- Aussies – 11 – 19 April @ North Kirra Beach, Gold Coast



[Umina Surf Life Saving Club - Like us on Facebook](#)

We would like to Congratulate **Bronte Smith** for achieving the 2015 SLSCC Newcastle Permanent Junior Lifesaver of the Year Award. Bronte will now attend the NSW Junior Lifesaver of the Year Development Camp in April where the State winner will be announced.

***An urgent reminder with the NSW State Champs commencing 28<sup>th</sup> February we require volunteers to help on the work party, car park, first aid and bbq rosters. The outstanding success of the last two State Champs proves that our members have what it takes to ensure that this huge event runs smoothly and shows the dedication you have to your club. Please contact the members below if you are available to help out in any way as soon as possible.***

**Work Party - Bob Langford - 43414486 or 0415361212 or [roblangford55@hotmail.com](mailto:roblangford55@hotmail.com)**

**First Aid - Stephen Dixon – 0425 221 267 or [sldixon6@gmail.com](mailto:sldixon6@gmail.com)**

**BBQ - Julie Blair - [julie.m.blair@det.nsw.edu.au](mailto:julie.m.blair@det.nsw.edu.au)**

We would like to take this opportunity to wish all of our competitors the best of luck in their events during the State Champs and know that all of your training will be rewarded. Most of all we hope you enjoy the experience of this great event on your home beach.

On behalf of the Executive Committee, see you on the beach.

Paul Sharpe – President

Rob McLeod – Vice President

Felicity Nott – Secretary

Rob McLeod – Interim Club Captain

Tim Leggett - Treasurer

## EDUCATION & TRAINING UPDATE

### NEW COURSES

To book into any of the following courses please contact the office on [admin@uminaslsc.org.au](mailto:admin@uminaslsc.org.au).  
If you require any further information please contact Jarryd Edmonds (CTO)- [jarryd437@hotmail.com](mailto:jarryd437@hotmail.com)

What	When	Pre-Requisites
Assessors Course	21-22 March 2015	Min 18 yrs. Have obtained the award they wish to assess
Apply First Aid @ SLSCC Tuggerah	11 April 2015 15 May 2015	Min 14yrs @ date of assessment. Pre-course work booklet (new participants and expired awardees only)
SM Aquatic Rescue	16-17 May 2015	Min 16rs @ date of assessment. Proficient Bronze/Cert II Public Safety. 400m pool swim in 8 minutes or less (pool no shorter than 25m)

See Course Calendar on our website for more course information – [www.uminaslsc.org.au](http://www.uminaslsc.org.au)

### NIPPER NEWS

The U6/U7 Presentation day will be held on the last day of Nippers, Sunday 1<sup>st</sup> March from 3pm on the grass area in front of the surf club. They will be presented with their medallions and a sausage sizzle will be provided for each nipper. Bring along your picnic rug or chair and enjoy the afternoon, Sips will follow so come on up and enjoy the view.

NSW State Age Championships for the U9 – U14 will commence Friday 6<sup>th</sup> March to Sunday 8<sup>th</sup> March. For those that have entered this fantastic event we would like to wish you Good Luck and hope you have a fun time competing for your club.

The U8-U14 Junior Presentation will be held on Sunday 17<sup>th</sup> May from 2:30pm at the surf club. Further information will be emailed.

If you have any feedback or questions, please contact Harold on [haroldandskye@bigpond.com](mailto:haroldandskye@bigpond.com).

### MEMBERSHIP

For membership enquiries please contact the office on 4342 0320 or [admin@uminaslsc.org.au](mailto:admin@uminaslsc.org.au) or Junior Registrar – Larissa Dixon 0416 246 516 and Senior Registrar – Donna Waining.

Office hours are Monday and Wednesday from 9am – 3pm.

**REMINDER: EVERY MEMBER PLEASE GO TO [www.lifesavingonline.com.au](http://www.lifesavingonline.com.au) AND CREATE AN ACCOUNT TO CHECK ALL OF YOUR MEMBERSHIP DETAILS, PATROL HOURS, PATROL ROSTER, AWARDS, UPDATE DETAILS, PRINT CERTIFICATES, ETC.**

## COMPETITION AND TRAINING

### JUNIOR BRANCH CARNIVAL

The Branch carnival was held on 15<sup>th</sup> February at Terrigal, it was quite a warm sunny day with the surf conditions being less than ideal. Well done to all of our nipper competitors for toughing it out! Full results can be found on our website.



### MASTERS & OPENS BRANCH CARNIVAL

The Branch carnivals were held at Terrigal on the weekend of 21-22 February. Congratulations to all competitors who achieve amazing results. Thank you to all managers, secretaries, officials and water safety. Full results can be found on our website.

### NSW Surf Life Saving Championships

Click here for full carnival information, programs and maps.

[www.surflifesaving.com.au/event/2015-nsw-surf-life-saving-championships](http://www.surflifesaving.com.au/event/2015-nsw-surf-life-saving-championships)

- Age Championships 6-8 March (U9-U14. No Under 8's)
- Masters Championships 11-12 March
- Open Championships 13-15 March

### STATE COMPETITORS TALK

To all U14 – Open State Competitors (beach, water, march past, first aid, life saving events)  
Our annual pre-State Titles Pasta loading night is on again **Wednesday 4<sup>th</sup> March** at 6:30pm.  
In keeping with our tradition of having an interesting speaker for the night we have received confirmation that Georgia Miller and Kendrick Louis will be with us on the night.

This night is free to our members, please contact Brett Harrod if you can attend for catering purposes.



## CAPTAINS CORNER

Patrol Roster – 9am – 1pm morning shift 1pm-5pm afternoon shift.

Saturday	28/2/15	1	3
Sunday	1/3/15	5	6
Saturday	7/3/15	*8	7
Sunday	8/3/15	*4	4
Saturday	14/3/15	*10	9
Sunday	15/3/15	*11	12
Saturday	21/3/15	15	14
Sunday	22/3/15	16	1
Saturday	28/3/15	3	2
Sunday	29/3/15	6	5

\* Start times to be confirmed for State Weekend.

All patrol information is available on our website. Any concerns or enquiries please contact Rob McLeod – [rmcleod@au.hellmann.net](mailto:rmcleod@au.hellmann.net) - Due to work and family commitments Nick Shepherd has resigned from the position of Club Captain and we would like to thank Nick for all of his hard work and dedication ensuring Umina SLSC has a well run Life Saving Department.

***PATROL INFORMATION, LOCATION AND PARKING FOR THE STATE CHAMPS WILL BE ADVISED SHORTLY. GCC LIFEGUARDS WILL STILL BE PATROLLING DURING THE WEEK OF STATE.***

## ROTARY EXCHANGE VISIT

Umina Rotary Youth Exchange visited our beach on Saturday 21<sup>st</sup> February for another year. Great effort and assistance from our Youth members; Jarryd, Jess, Oliver, Aiden, Alex, Jack W, Jack D, Savannah, Nathan, Adam, Harrison, Michael. Also much appreciated to Patrol 16 who assisted on the water and Ocean Beach SLSC who lent soft boards for one of our activities. Rotary love our involvement and appreciate it.



## SOCIAL NEWS

Bar Roster – This is available on our website. If you have any queries please see Marty Smith.

**SIPS IS ON EVERY SUNDAY FROM 5PM UPSTAIRS IN THE SURF CLUB. DRINKS AT CLUB PRICES AND LIGHT MEALS AVAILABLE FROM 5:30PM - ALL WELCOME.**

This Sunday 1<sup>st</sup> March is the last Nippers day for the season. The Club will still be open for Sips until the end of the Patrol Season. During the State Champs there will be meals provided by outside caterers.

### ***UPCOMING SOCIAL EVENTS – Further info on Club Website and Calendar***

Sunday 17<sup>th</sup> May – Junior Presentation Day

Saturday 30<sup>th</sup> May – Senior Presentation Night

Saturday 13<sup>th</sup> June – SLSCC Awards of Excellence Night



### **Umina Nippers help the Marine Environment!**

Around 60 Nippers from the Under 6's and 7's kicked off the **"Take 3" SLSC Initiative** on Sunday, 15th February. Umina Surf Live Saving Club has proudly joined this initiative to reduce the amount of plastics that pollute the beach and ocean. The program was introduced into our Club by one of our members Sarah Beard and now Oliver Shepherd has become one of our representative Ambassadors for the program at the Surf Club.

Each year six million tonnes of rubbish finds its way into our oceans. This is three times the equivalent of the amount of fish caught for us to eat.

The main culprit of this is plastic, which severely impacts the seventy-seven different type's marine species in Australia.

The 'Take 3' message is simple:

Take 3 pieces of rubbish with you when you leave the beach, waterway or anywhere and you have made a difference.

As the largest group using the beach in Australia, this simple message is a perfect fit for Surf Lifesaving Clubs and their members.

The 60 Nippers along with their parents and officials from Umina Surf Club cleaned an area of approximately 9000 metres, whilst having fun, learning and removing approximately 200 kilograms of rubbish from the beach.

As the first Surf Club on the Central Coast to partner with "Take 3", Umina hopes that every other club on the Coast will join this fantastic program acting as a catalyst for change in community behaviour. Umina SLSC will hold a major beach clean-up prior to the end of the surf season in which all members and the community will be invited to participate in.

## MEGAN'S HEALEY BUCKET LIST

Megan has a "Bucket List" to help raise funds for MS – particularly to help families whose parents have been afflicted with this illness. Megan has been doing some amazing things, ticking off her bucket list. Check out her facebook page to watch her progress -

<https://www.facebook.com/megansbigbucketlist>

Let's keep this great cause going, anyone can donate on the website -

[www.kissgoodbyetoms.org/fundraisers/individuals/megan-healey](http://www.kissgoodbyetoms.org/fundraisers/individuals/megan-healey)

**For Sale:** Dolphin custom Race Mal. Four years use (the last 5 years in garage!).  
Suit paddler up to 65-70kg. \$500 neg. Contact Carl 0419 445 403



## SURF CAM

The Surf Cam on our website <http://uminaslsc.org.au/surfcam2/> has been adjusted recently. If you have any feedback on this please forward to [admin@uminaslsc.org.au](mailto:admin@uminaslsc.org.au)

If you have anything to add to our newsletters please contact the office on 43420320 or [admin@uminaslsc.org.au](mailto:admin@uminaslsc.org.au). Office hours are Monday and Wednesday each week from 9am – 3pm. All Circulars are available on our club website.

**Reminder** – Club Management Meetings are held every third Monday of the month upstairs in the surf club from 7pm. All welcome.



## PHOTO GALLERY

Bronte Smith – SLSCC Junior Lifesaver of the Year



Masters competitors enjoying the moment!



Gold for the Junior March Past Team and the Opens March Past Team



Club Silver  
Sponsors - IGA  
Woy Woy cheque  
presentation

## Our Sponsors

Without support from local business and other organisations and individuals, we would not be able to survive. Please make an effort to support and recognise our sponsors as they make an effort to support us!



### Gold Sponsors

Umina Beach Cafe  
Bendigo Bank  
Homebrook Pty Ltd  
Central Coast Surf Life Saving  
Campbell Building Materials  
Coleman & Co

### Silver Sponsors

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Cassin Services Pty Ltd (HCDB)  
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CoastalCOMS

