



## LEVEL 1 SURF COACH COURSES RECOMMENDED FOR CLUB MEMBERS COACHING U15 AGE GROUP AND OLDER

- Attention:** Club Presidents, Club Secretaries, Club Competition Officers, Team Managers, Coaches and Competitors.
- Actioned by:** All current financial members interested in obtaining their Level One Surf Coach Accreditation.
- Date:** 3-7-2014
- Contact:** Denise Lees – Surf Sports Administration Officer  
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<b>Summary</b>	Outline the procedure for members to apply to gain their Level 1 Surf Coach Accreditation
<b>Action Plan Ref No.</b>	5.2.2 Provide opportunities and pathways for coaches at all levels
<b>Action</b>	Complete the application form and return to SLSNSW one week prior to the date of the course

Level One Surf Coach Courses will be conducted throughout NSW at the following dates and venues as long as **at least 10 participants are enrolled in each course**, please make sure you submit your enrolment form directly to SLSNSW (not to your Branch) otherwise you may not be considered for the course.

Date	Course	Venue
Friday 8 and Saturday 9 August	Hunter Branch	Branch Office
Friday 22 <sup>nd</sup> & Saturday 23 <sup>rd</sup> August	Illawarra Branch	Branch Office
Saturday 30 & Sunday 31 August	Sydney Northern Beaches	Branch Office
Friday 21 & Sat 22 November	Sydney Branch	Maroubra Seals

**Please check above dates for hours of courses:-**

### Friday & Saturday courses

Friday - 6.00pm – 9.00 pm & Saturday - 8.30am – 5.30 pm

### Saturday & Sunday courses

Saturday - 8.30am - 4.00 pm - Sunday - 8.30am - 1.30 pm

### HOW TO ENROL

Enrolment for the Course is by application only.

The enrolment fee is **\$157.60** (inc GST) for the Level 1 Coach Course and includes:

- A satchel including coaching material and Surf Life Saving Coaching Manual
- SLSA Coaching DVD
- Registration with Surf Life Saving Australia
- General Principles Certification
- Course Delivery
- Meals during duration of course

Members wishing to enrol in the Level One Surf Coach Course:

- current financial member of a club affiliated with Surf Life Saving NSW
- minimum of 16 years of age
- should be coaching within your club

To enrol, please complete the attached form and return to SLSNSW, **no later than one week prior to the course date. Please be aware that some courses may be fully booked early than one week prior due to demand. It is advisable to submit your application early to guarantee entry into the course.**

**\*A cancellation fee or late entry fee of an extra \$25.00 per person will be incurred if the nomination form is not submitted 6 days prior to course date or the nominee cancels 1-6 days prior to the course.**

#### **OVERVIEW OF THE COACHING COURSE**

The Level One Coaching Course is an introductory, providing the knowledge and skills to coach at club level, the course is designed for coaches who are coaching club members in the U15 age group and older.

The course covers lectures and practical workshops in the following units:

- Introduction to SLSA Coaching
- Athlete Development
- Planning Training
- Sports Science
- Delivering and Reviewing
- Practical Sessions

**Participants must attend the full course to receive accreditation.**

#### **PRACTICAL REQUIREMENT**

As part of the course Candidates will need to complete a minimum of ten (10) hours of practical coaching post course in order to compete and gain accreditation.

#### **BOAT SWEEPS**

All NEW boat sweeps are reminded that to be eligible to compete, they must complete a Level 1 Coaching Course and a Surf Boat Sweeps Accreditation Checklist. Please be aware that the coaching courses listed will be the only level 1 coaching courses held for the 2013/2014 season.

#### **LOCATION OF COURSES**

- **Illawarra Branch Office** 64 Smith Street – Wollongong
- **Hunter Branch Office** 1/6 Revelation Close – Tighes Hill
- **Sydney Northern Beaches Office** U9/1 Vuko Place - Warriewood

#### **JUNIOR COACHING COURSE – CONDUCTED BY YOUR SURF CLUB**

The Junior Surf Coach course has been developed to provide an introduction for people who wish to become involved in **Junior Surf Sports activities** (U8 to U14 members) and may not have background or experience to deliver the programs.

The course duration is 4 hours + breaks and the prerequisites you must be 16 years or older and a financial member of Surf Life Saving.

The course can be presented by an accredited level 1 coach who has been accredited for at least 12 months. The award is proficient for 6 years. For further information on this course please contact your Club or Branch Office.

## LEVEL 1 SURF COACH ACCREDITATION ENROLMENT FORM

First Name		Surname	
Address			
Suburb		Post code	
Club		Phone (h)	
Phone (w)		Mobile	
Email			
Course Date			
Location of course			

### DISCIPLINE – PLEASE SELECT 2 ONLY IN ORDER OF PREFERENCE

Beach	Board	Swim	Boat
Ski	IRB Driver	March Past	R & R

### CLUB ENDORSEMENT – EXECUTIVE MEMBER

Print Name	Position in Club
Signature:	

### PAYMENT

Please deduct \$157.60 or **\$182.60\*** from my:  Mastercard  Visa  Direct Deposit  Invoice Club

Card Number for Mastercard/Visa:

Name on Card (print)	Expiry
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Signature

Or pay by Direct Deposit: BSB 062 208  
 Account No : 1003 2252  
**Please specify: your name and 716**

I enclose a cheque/money order for \$            to cover the cost of the course

Return to: Denise Lees – Surf Life Saving NSW – P O Box 307 Belrose – 2085 or  
 Fax: 9471 8001 **no later than the Friday prior to the course.**  
 Please see circular under how to enroll for further details  
 Email: [dlees@surflifesaving.com.au](mailto:dlees@surflifesaving.com.au)