## SURF LIFESAVING CENTRAL COAST





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REFEREE:	TBA

WATER 1 (30 – 49yrs)	WATER 2 (50 +yrs)	BEACH
REPORT TIME 10.30am	REPORT TIME 10.30am	REPORT TIME 7.30am
START TIME 11.00am	START TIME 11.00am	START TIME 8.00am
		2km Beach Run
TEAM AGE CATEGORIES	TEAM AGE CATEGORIES	SPRINT
110 yrs +, 130 yrs + Male & Female	150 yrs +, 170 yrs + Male & Female	Male & Female
Surf Teams	Surf Teams	30 – 39yrs Beach Sprint
Ski Relays	Ski Relays	40 – 49yrs Beach Sprint
Board Relays	Board Relays	50 – 59yrs Beach Sprint
Taplin Relays	Taplin Relays	60 + Beach Sprint
		•
DOUBLE SKI	DOUBLE SKI	BEACH RELAY
Male & Female	Male & Female	Male & Female
30 -39yrs Double Ski	50 -59yrs Double Ski	140yrs Beach Relay
40 -49yrs Double Ski	60 + yrs Double Ski	170yrs Beach Relay
	-	200yrs Beach Relay
SURF	SURF	230yrs Beach Relay
Male & Female	Male & Female	FLAGS
30 - 39yrs Surf	50 - 59yrs Surf	Male & Female
40 - 49yrs Surf	60 + yrs Surf	30 - 39yrs Flags
·	·	40 - 49yrs Flags
SINGLE SKI	SINGLE SKI	50 - 59yrs Flags
Male & Female	Male & Female	60 + Flags
30 - 39yrs Single Ski	50 - 59yrs Single Ski	_
40 - 49yrs Single Ski	60 +yrs Single Ski	U12-OPEN
		Report Time 10.00am
BOARD	BOARD	Start Time 10.30am
Male & Female	Male & Female	SPRINT
30 - 39yrs Board	50 - 59yrs Board	Male & Female
40 - 49yrs Board	60 +yrs Board	Open
		U12
BOARD RESCUE	BOARD RESCUE	U13
Male & Female	Male & Female	U14
30 – 39yrs Board Rescue	50 - 59yrs Board Rescue	U15
40- 49yrs Board Rescue	60+ yrs Board Rescue	U17
		U19
IRONMAN/WOMAN	IRONMAN/WOMAN	
Male & Female	Male & Female	FLAGS
30-49yrs Ironman/woman	50 +yrs Ironman/woman	Male & Female
		Open
		U12
		U13
		U14
		U15
		U17
		U19

Please Note: All events are subject to change due to conditions on the day at the direction of the Carnival and **Sectional Referees.**