

Newsletter-October 23

# STINGRAY NEWS



# Presidents Fast Five...

1. Hi everyone, well the 2023/24 season is underway. Patrols have started and many thanks to all of you who give up your time to serve our community. Your valuable service is greatly appreciated. Many thanks to Mollie and her team for the effort and planning to ensure our roster and equipment were ready to go.

2. There are lots of skills and lifesaving training opportunities available to all. There is a new Bronze course underway, as well as many other award courses that Damon, the amazing Education crew and Age Managers have mapped out on the calendar.

3. To all members, if at any time you have a general grievance or complaint, or any questions as to why we do things the way we do, we have a wonderful team of support members available for you. There will be more information coming out to all members regarding this, in the near future.

4. Congratulations to Mollie Murphy, Bethwyn Caller, Erin Scahill and Elena Grey for completing the Kokoda Trail as part of the Duke of Ed program. Umina SLSC has a long history of Duke of Ed participants at all levels with many Bronze, Silver and Gold Medallion recipients. If you are interested in getting involved or furthering your Duke of Ed experience please speak with Steve James or Mollie.

5. Surf Sports training is also well underway with the Umina United Surf Sports Academy providing all levels and sorts of training on every day of the week. Many thanks to Rick and the team of coaches who have enthusiastically started the season already. Congratulations to those who have already represented Umina at the Forster weekend of Surf.



# Lifesaving...

## Patrols

The flags are up and our patrol members have been hitting the beach every weekend keeping our community safe.

Thank you to all patrol members for their incredible service over the busy weekends we have already had. With 7 helicopters involved in searches at Umina over the long weekend, it certainly has been busy! We have also welcomed our new

## Red Patrol Jackets

The long awaited red patrol jackets have arrived! Those who preordered a jacket can pay the \$90 via the Members Portal and pick up their jacket on their next patrol. If you no longer want a jacket please let Mollie know. We have a small amount of jackets in all sizes still available, if you didn't order one but would now like to please contact Mollie - [lifesaving@uminaslsc.org.au](mailto:lifesaving@uminaslsc.org.au).

## Congratulations to our New Bronzies.

This week 7 of our 15's sacrificed their school holidays to complete the SRC to Bronze Medallion transition. What a great bunch of young adults, turned up each day and just got into it. Assessment day today offered some decent size waves for our group to negotiate for their unconscious board rescues, spinal retrievals and run swim runs. This group killed it.

A big congratulations on behalf of our club and the training team to our newest bronzies, Phoebe, Ruby, Ruby, Matilda, Huon, Kaizen & Kai.

Special thanks to Mike Begg 1st group as a Probational trainer.



# Education...

Planning is key for trainers, assessors and facilitators, that's exactly what we are doing!

Key dates before Christmas-

- 18th November First Aid Course + ART upgrade
- 3rd December Bronze Graduation SIPS
- SRC-Bronze Course 27-30th Dec 8.30-12.30



To all active patrol and water safety club members

Your annual skills maintenance for your Bronze Medallion, SRC, IRB Drivers and IRB Crew have now started!

These need to be completed as soon as possible and before December 1st 2023 to allow the education team time to process your awards or you will not be able to patrol, provide water safety or compete for our club come January 1st, 2024. Bronze/SRC (this applies to both patrol and water safety members and those that qualified in 2022/23 season)

Theory can be completed via eLearning in your members portal.

Enrol into either "Bronze Medallion Skills Maintenance" or "Surf Rescue Certificate Skills Maintenance".

IRB Drivers and Crew

All IRB Drivers must attend at least 1-2 skill maintenances sessions to complete set tasks, these are on the first Sat of every month at 8am where to can practice and get your skills assessed by an IRB trainer, if you are unable to attend these please contact Damon Somerfield, Jarryd Edmonds or Matt Fearnley asap and before December 1st 2023, to arrange an assessment on your patrol.

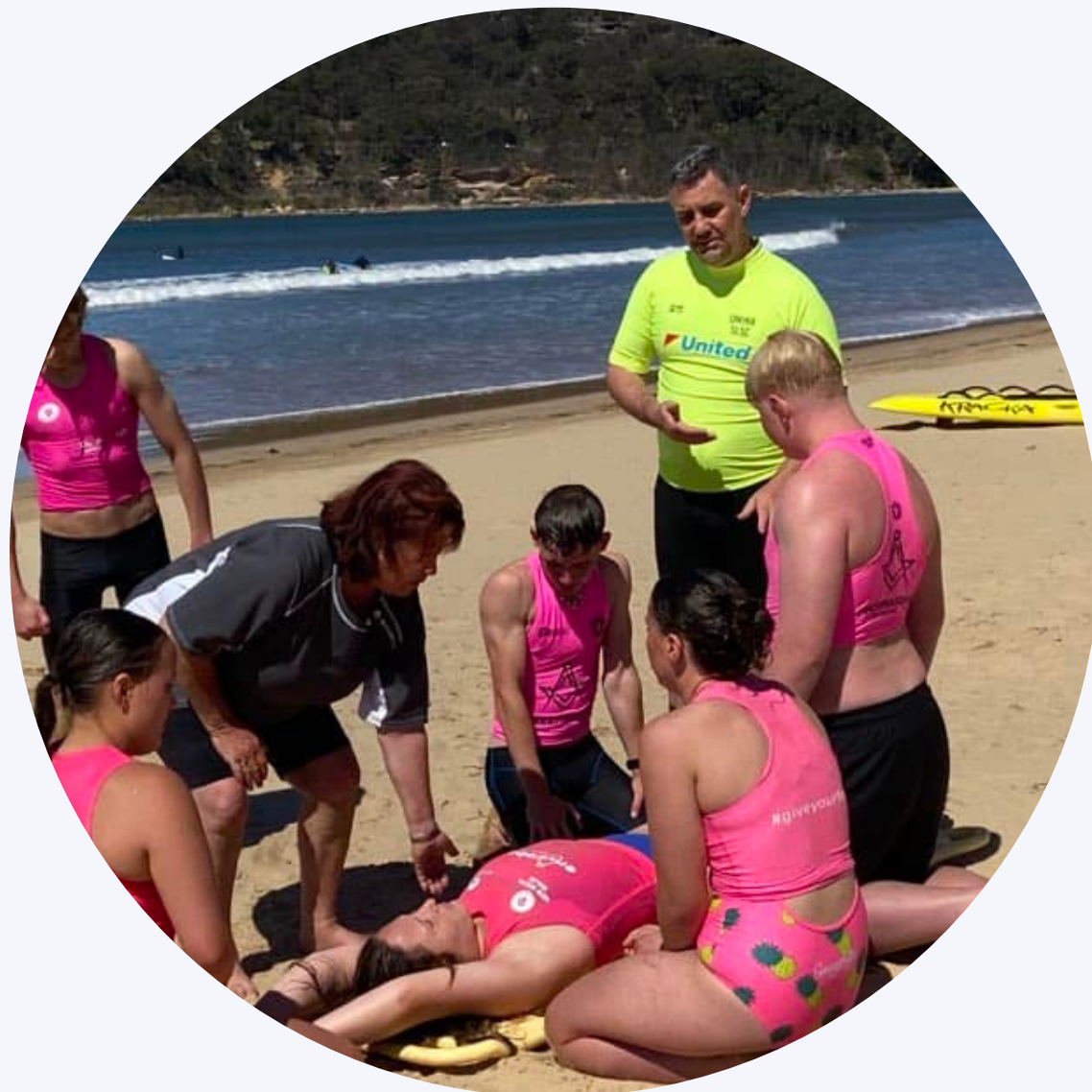
ART

If you hold the new ART award (O15), you will be assessed on patrol by one the education team.

If you hold the old ART/ARTC award you will need to enrol in one of the First Aid /ART upgrade courses.

# Education...

Education courses this season if you wish to upskill beyond your Bronze or set yourself a nice goal! Please use the links to apply.



Date	Course	Register
Jan 2024	IRB Crew Course	<a href="https://forms.office.com/r/jj4tRJsUgF">https://forms.office.com/r/jj4tRJsUgF</a>
18 Nov 2023 24 Mar 2024	First Aid & ART upgrade Courses	<a href="https://forms.office.com/r/Rv5QZ2P8yU">https://forms.office.com/r/Rv5QZ2P8yU</a> <a href="https://forms.office.com/r/7iJd6cC6zb">https://forms.office.com/r/7iJd6cC6zb</a>
21-22 Oct 2023 18-19 May 2024	Silver Medallion Patrols Captains	<a href="https://forms.office.com/r/b3sbwNP5GC">https://forms.office.com/r/b3sbwNP5GC</a>
13-14 April 2024 TBC May 2024	Silver Medallion Aquatic Rescue	<a href="https://forms.office.com/r/5Zr5rQrrPA">https://forms.office.com/r/5Zr5rQrrPA</a>
2 Dec 2023	Gold Medallion	<a href="https://forms.office.com/r/qx9EupDDoR">https://forms.office.com/r/qx9EupDDoR</a>
TBC Jan 2024 TBC Mar 2024	UAV Courses	<a href="https://forms.office.com/r/u6BkGLinPS">https://forms.office.com/r/u6BkGLinPS</a>

For more information on SLS Education pathways visit  
<https://www.surflifesaving.com.au/.../education-pathways.../>

I am also looking for someone to join the education team to help co-ordinate these courses throughout the season between our club, SLS Central Coast and SLSNSW, if you are keen or interested please contact me  
[education@uminaslsc.org.au](mailto:education@uminaslsc.org.au)

# Surf Sports...

Forster Carnival – Umina Placed 6th overall - due to surf conditions the junior events were cancelled which would have possibly increased our position.

Thank you to all the Tent Fairies, parent Supporters, Officials and mainly all the competitors.

Coolie Gold - Representing Umina Masters were - Scott Micallef craft handlers were Gary Wilson & Andrew Boylan and Jenni Darwin also a competitor in Masters assisted by Simon Darwin & family.

In the Youth division were Julia & Chole Hall assisted by their mum Leanne Hall. along with India Darwin  
Thank you, girls, for representing Umina SLSC.

Although not competing for Umina but still patrolling members were Jemma Smith- who came 1st in the Downwind Ski paddle and then followed up on the Sunday with a 1st place in the team event.

Cashar Darwin also competed in his first Shaw and Partners event and placed 14th which was quite an achievement for him as he had suffered a shoulder injury earlier in the year and is making a big comeback.

Well done to both of these athletes.



- Carnival payments this season will be processed through Simple Tix on the Members Communication Page.
- A link for each specific carnival will be posted with a Carnival closing date.
- You can use the QR code or link for carnival registration.
- For Members who do not have access to social media, a QR code will be available with your Team Manager on a Sunday morning for you to register for the carnival.
- The entry will be set up with the price.
- You will need to enter, name and the relevant age group for each competitor.
- Entries can also have attendee questions, for e.g. if you can help officiate, do water safety and any relevant jobs that may be required for a particular carnival.



# UPCOMING CARNIVALS



## 2023 SYDNEY WATER SURF SERIES CARNIVAL ENTRY

- U14 - MASTERS
- 21 October
- South Coast
- \$80
- ENTRIES CLOSE 14 October



## WANDA TRADIES "ONE CLUB" CARNIVAL ENTRY

- U8 - OVER 40
- 28 October
- Wanda SLSC
- Between \$20 - \$55
- ENTRIES CLOSE 12 October



## TRADITIONAL NIPPER U8-U14 CARNIVAL ENTRY

- U8- U14
- 29 October
- Terrigal SLSC
- \$20
- ENTRIES CLOSE 14 October



## NEWCASTLE PERMANENT IRON WEEKEND U10-U15 CARNIVAL ENTRY

- U10- U15
- 11-12 November
- The Lakes SLSC
- \$55
- ENTRIES CLOSE 27 October



## BEACH STORMERS MEREWETHER CARNIVAL ENTRY

- U13 - MASTERS
- 18 November
- Merewether
- \$20
- ENTRIES CLOSE 5 November



## COPACABANA MASTERS CARNIVAL ENTRY

- over 30's +
- 18 November
- Copacabana SLSC
- \$20
- ENTRIES CLOSE 1 November



## NIPPERS TEAMS CARNIVAL ENTRY

- U8 - U14
- 26 November
- Avoca SLSC
- \$20
- ENTRIES CLOSE 10 November



## BEACH STORMERS NORTH CRONULLA CARNIVAL ENTRY

- U13 - MASTERS
- 9 December
- North Cronulla
- \$20
- ENTRIES CLOSE 26 November



# Silver Salties...

Silver Salties is a participation program for older Australians at participating surf lifesaving clubs throughout Australia promoting physical activity, social connections and involvement in the surf lifesaving community. and Jan Harding is the Umina Surf club contact.

Since the covid lock downs we have found that this type of engagement has been a major benefit to the wellbeing of our elderly who for nearly 12 months felt isolated and disconnected from the community.

Umina Surf Club has a view of engaging with the wider community and the Silver Salties program has provided a perfect framework to implement this easily.

At Umina SLSC and with Jan's leadership we believe the Silver Salties program allows us to build better communities and create great Australians by bringing people together for a shared interest – health and wellbeing.

Many of our original members from the 60's, 70'& 80's are reuniting their friendships and sharing stories from the past over a cuppa. Not everyone can do all the activities but there is always someone engaged in preparing the morning teas, which I have witnessed are very popular.

This is the second season that Jan and her husband Phil have been co ordinating this event and often they are supported by Tom Magurren. You do not have to be a current member of the surf club, you may have been involved many years ago or you may have grandchildren or a friend who are a part of this great organisation.



What you can expect...

When you come to our club, you can expect a friendly welcome. You can also expect to get active, connect with others socially and learn about our club as part of your Silver Salties experience. Whatever the Silver Salties program on offer, we hope you find it beneficial and fun.

We welcome all Silver Salties !!!!



# Duke of Edinburgh...

In September, we had 3 of our Gold Duke of Edinburgh participants, Bethwyn, Ellena and Erin, along with Award Leader, Mollie, head to Papua New Guinea to complete the Kokoda Trail alongside participants from Wamberal SLSC and MacMasters SLSC.

The trip was incredible, the girls overcame every physical challenge that they faced, embraced every opportunity to connect with the local community and learnt more about and paid their respects to the Australian war history.

They travelled 136km over 9 days and climbed an elevation of over 5km. An incredible effort and leadership shown by these young members of our club, congratulations girls.



# Information and Dates...



**Umina BYOD  
Officials  
Course**

Sunday 22nd October 2023  
1pm  
Upstairs Club House

Training Library > SLS - Official  
Courses in SLS - Officiating

Nipper parents & care givers are we need you!  
To ensure your kids can compete in carnivals we need officials.

Officials are the backbone of our competitions, without them, we risk our young athletes being unable to race. We need your help!

Please register your attendance so we can accommodate:  
<https://airtable.com/appDaNpxslbapmQWA/shr5wagy1MQFJFbMU>

Our annual Surf Camp, Santa Photo's and Christmas Party Ticket sales are now on sale, jump onto our website to book your tickets.  
Don't miss out!



**UMINA SLSC  
SANTA  
PHOTOS**

13 NOV - 16 NOV | 4PM - 7PM  
UMINA SLSC CLUB HOUSE  
TICKETS \$40 - \$70

BOOK NOW



**UMINA SLSC  
SURF  
CAMP**

18 NOVEMBER | 9AM  
UMINA SLSC CLUB HOUSE  
TICKETS \$40

BOOK NOW



**UMINA SLSC  
CHRISTMAS  
PARTY**

18 DECEMBER | 4PM  
UMINA SLSC CLUB HOUSE  
MENU PRICING. \$10 - \$45

BOOK NOW

## What's On at Umina SLSC

What's on at Umina SLSC Event Tickets Club Calendar - Events Training Program

 Umina Surf Lifesaving Club /

# Member Protection and Child Safety

If we aim to do anything right, it is to ensure our members and their families are well protected and looked after. We have a great team available for our members to speak to if they have any concerns.

For any club concerns or even personal concerns we are here for you.

To contact our team please email

Members Protection - [MemberProtection@uminaslsc.org.au](mailto:MemberProtection@uminaslsc.org.au)

Child Safety - [ChildSafety@uminaslsc.org.au](mailto:ChildSafety@uminaslsc.org.au)

Complaints - [Mike.Begg@bigpond.com](mailto:Mike.Begg@bigpond.com)

## Member Protection Group



**MPIO**  
Lauren Summerhayes



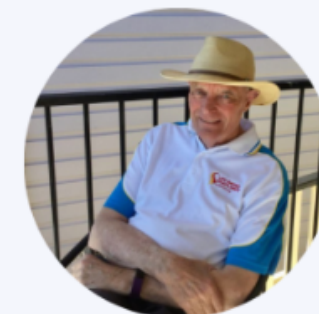
**MPIO**  
Shane Hoyland



**Child Safety**  
Jane Ritson



**Complaints Manager**  
Mike Begg



**Club Chaplain**  
Arthur Pearce



# Platinum Sponsors

Umina SLSC is a large community based voluntary organisation working towards long term relationships with it's sponsors.



# Sponsors...



BENDIGO BANK  
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UMINA BEACH CAFE  
CONSTRUCT CENTRAL COAST  
STICKY GREEN FROG GRAPHIC DESIGN  
CENTRAL COAST SURF LIFESAVING  
CENTRAL COAST COUNCIL



D & G SMASH REPAIRS  
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LIONS CLUB WOY WOY  
LOUVRELAND  
NRMA OCEAN BEACH CARAVAN PARK  
ENGINE SWIMWEAR  
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UMINA BEACH PUBLIC SCHOOL  
PAUL BYRD  
STS BOARD CENTRE UMINA  
SALS SURF SCHOOL  
MATERIAL GIRLZ EVENT STYLING  
LAHEY CONSTRUCTION  
EAST COAST ROOFING  
BAYSIDE QUALITY BUILDERS  
MR SCAFFOLD  
GOOD GEAR  
COLEMAN ADVISORY  
LANCE CLARKE PHARMACY