

Newsletter-November 23

# STINGRAY NEWS



# Presidents Fast Five...

1. We should all be so proud of the awesome lifesaving skills our members have, to assist people in their hour of need. We have had various members involved in a variety of cases from a successful resuscitation, outstanding team rescue, as well as many first aids and preventative actions over the last few weeks. This is why we volunteer and become lifesavers, great work.

2. Congratulations to the many Nippers, Youth, Open and Masters that have participated and represented our club in carnival competitions, surf camps, ironman events and boat carnivals over the past few weeks. Outstanding effort and sportsmanship displayed by all. Special shout out to the coaches, parents, water safety and officials that assist them achieve their best.

3. Many thanks to the Member Protection Officers, Lauren Summerhays and Shayne Hoyland, as well as Mike Begg our Complaints manager, for speaking and updating all of the Directors at our last meeting. Remember, they are here to assist you at any time.

4. Christmas is fast approaching we have already hosted Santa photos and look forward to our annual Club Christmas Party as well as the very special Christmas Day Community BBQ Breakfast and toy/gift drive.

5. A very big thank you to all of our wonderful sponsors who help keep us running. We appreciate their support, so please support them in return for their goodwill and kindness.



# Central Coast Sports Awards...

The Central Coast Sports Awards celebrate the outstanding achievements of our local athletes, teams, associations, and volunteers who work tirelessly to provide sport and active recreation opportunities across the Central Coast.

Sports Central Coast is a local representative body that acts as the 'voice' of sport and active recreation for the Central Coast region, with a focus on supporting and assisting local sport and active recreation organisations to work together and strengthen our local sport and active recreation sector.

This award was based on a series of questions that were asked of all sporting clubs across Central Coast area including football, Rugby, League, AFL etc. (not just surf clubs)

Last night Wendy Cook and myself attended the Central Coast Sports Award night.

There was a diverse range of sporting groups attend such as Rugby, AFL, Martial Arts, trotters running groups and floor-ball clubs representing their area of sport. Umina SLSC was one of 6 finalist chosen and We WON !

I accepted this award on behalf of all our members who made this possible. Patrolling our beach, keeping our community safe was a major factor mentioned as well as the opportunities in sports & education that we offer to our young nippers and more mature members was also recognised.

Thank you to everyone involved in this club who made this WIN possible- Christine Lavers DOA



Winners 2023

# Lifesaving...

## Lifesaving Update

A massive thank you to our dedicated patrol members, led by our diligent patrol captains, for their continuous efforts in ensuring the safety of all beachgoers. As we enter the peak of the summer season, we eagerly anticipate the sight of the red and yellow patrol teams dotting the beach.



## Rescue Highlights

Patrol 9, under the leadership of Damon Somerfield, executed a successful rescue of two men in their 20s on a busy Saturday afternoon. The swift response by Luke Ingold, Cain Bush, Nathan Grey, Michael Carpenter, and Damon, amidst challenging conditions, resulted in the safe return of the drifting individuals. Well done to the entire Patrol 9 team for seamlessly balancing a busy flagged area with this textbook rescue.



# Lifesaving...

## Impressive Rescue by Jarrah Schofield

While working at the local caravan park, 15-year-old bronze medallion member Jarrah Schofield showcased his lifesaving skills by rescuing and performing a successful resuscitation on a young holidaymaker. Drawing from years of nippers, SRC, and Bronze Medallion training, Jarrah's commitment to his training and the club shines brightly. Well done Jarrah, we are so proud of you!



## Red Patrol Jackets Reminder

If you've ordered a red patrol jacket and haven't made the payment yet, please do so via the Members Portal to ensure you receive your jacket on your next patrol. For inquiries about your order, contact Mollie. We still have available sizes from Medium to 2XL—reach out to Mollie if you'd like to grab one.



# Youth...



**UMINA SLSC**  
ESTABLISHED IN 1959

## UMINA SLSC YOUTH PATROL

**ON SATURDAY 02/12**  
**1PM TO 5PM**

All Members from U13s to 25 are welcome  
Led by some of our youngest patrol captains - Davara and Maia

Come down for a fun afternoon on patrol with your mates. Whether it's for an hour or all 4. Plenty of time in the IRB is guaranteed!

Comment below if you can attend



## Youth Stingers Program

Our Youth Stingers Program for the 2023/24 season is set to kick off with exciting programs for members aged U14-25. Join us for SUP Ball on December 2nd and Youth Patrol on the same day, led by young patrol captains Davara Marshall and Maia Darwin. January 6th-7th offers a weekend getaway at Crowdy Head SLSC Patrol—contact Bronte Smith to secure your spot.



### Stand Up Paddleboard Ball

SUP BALL IS A TEAM SPORT WHICH IS A COMBINATION OF NETBALL, WATER POLO, RUGBY AND LACROSSE – PLAYED ON STAND UP PADDLE BOARDS

**WHEN AND WHERE:**  
On the 2nd of December Saturday morning we are planning to run a Stand Up Paddleboarding (SUP) Ball competition at Ettalong beach

**DURATION:**  
2-3 hours so everyone will get plenty of turns playing.

**SPOTS AVAILABLE:**  
Only 25 spots available.

**COST:**  
\$15 per person



### Crowdy Head Patrolling Trip Away

Calling all Youth Social Stingers! This season we will be revisiting our friends at Crowdy Head Beach for another patrolling weekend away.

**WHAT ARE THE STINGERS?**  
Uminas Stingers Social Club organises activities to bring our youth members between U14 - 25yrs together to be involved in new and fun experiences.

**ABOUT THE TRIP:**  
On the 6th and 7th of January we will be heading to Crowdy Head Beach for some patrolling, activities and overall fun weekend away.

If you want to attend this Stingers trip, please RSVP via the <https://www.surveymonkey.com/r/TN9R7LH>

# Duke of Edinburgh...

Embark on the Duke of Edinburgh adventure with our 2023/24 program.

Interested members can reach out to Steve James, Tom Magurren, or Mollie Murphy for more details.

Save the date for an all-in trip planned for December 18th to 20th accommodating any Silver participants (practice or qualifying) as well as any Bronze participants (practice, qualifying, or both - back to back).

At this stage, we are planning to hike around the Berowra Valley area. If you can make it, please complete this form:

<https://form.jotform.com/233241827439055>

We will have an online information session in the first week of December. In the meantime, please feel free to contact us if you have any questions. Steve, Mollie & Tom



# Education...

This is our busiest period for education in the run up to Christmas, with current active members doing annual skills maintenance for Bronze, ART, IRB and First Aid the education team (Jarryd, Matt, Pam, Mike, and Brad) are really putting in the hours behind the scenes, in the classroom, on the sand and in the water to support our club members, we can't thank you enough.

A big welcome to our 10 new Bronze Medallion members who are working towards their Bronze Medallion and Advanced Resuscitation awards at present. Final assessment and graduation will be on Sunday 3rd December, please join us at SIPs to welcome them to the club and celebrate! Our Next Bronze course starts on 30th January 2024.

If you know someone who is interest they can register on our website <https://uminaslsc.org.au/bronze-medallion/>

We also had 17 attend the first aid course and the ART upgrade, the next course will be on 24th Feb 2024.

## Key upcoming dates

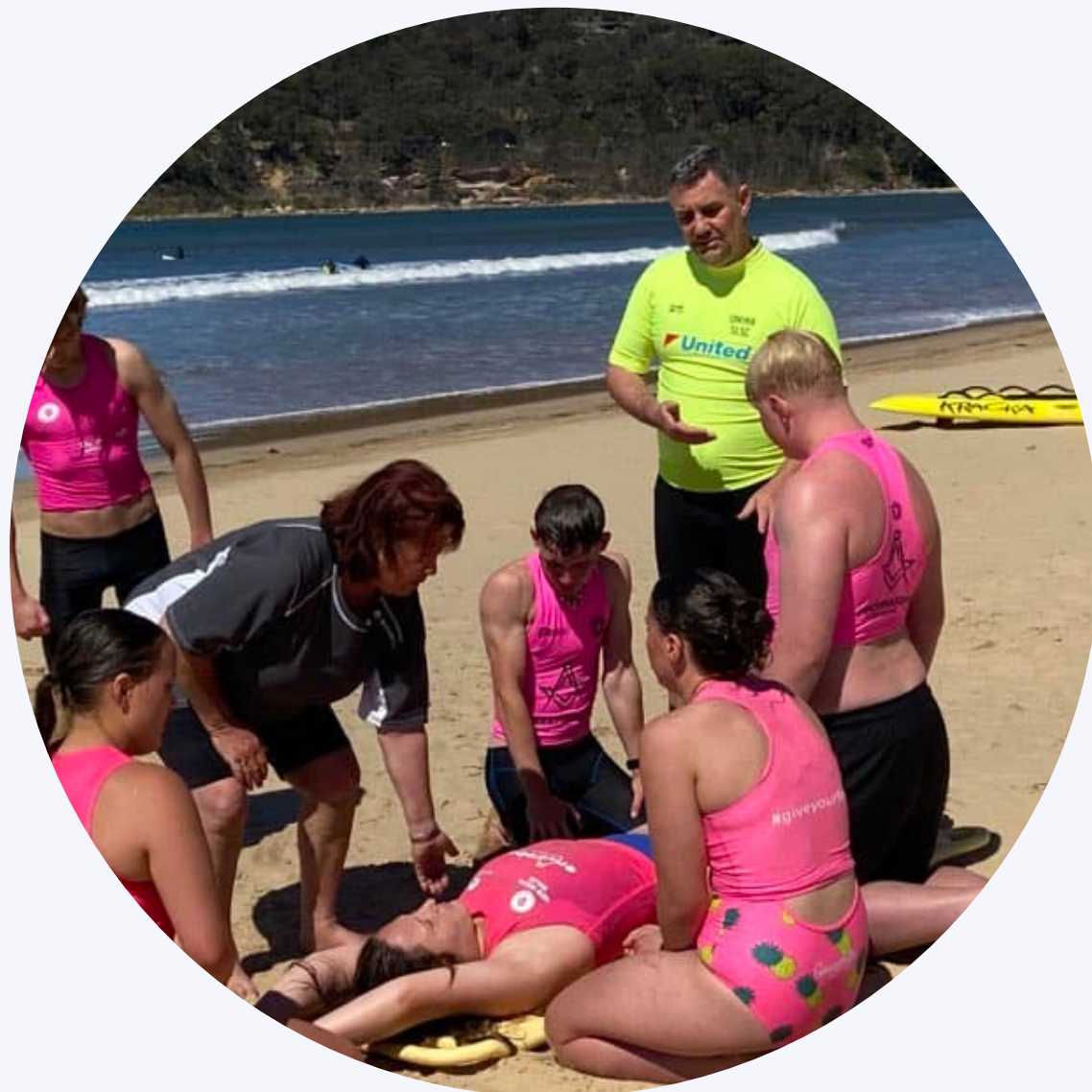
- 3rd December Bronze Graduation SIPS
- SRC-Bronze Course 27-30th Dec 8.30-12.30
- IRB Crew Course early Jan 2024
- 24th Feb First Aid Course + ART Upgrade (for those with old ART awards)





# Education...

Education courses this season if you wish to upskill beyond your Bronze or set yourself a nice goal! Please use the links to apply.



Date	Course	Register
Jan 2024	IRB Crew Course	<a href="https://forms.office.com/r/jj4tRJsUgF">https://forms.office.com/r/jj4tRJsUgF</a>
24 Mar 2024	First Aid & ART upgrade Courses	<a href="https://forms.office.com/r/7jJd6cC6zb">https://forms.office.com/r/7jJd6cC6zb</a>
18-19 May 2024	Silver Medallion Patrols Captains	<a href="https://forms.office.com/r/b3sbwNP5GC">https://forms.office.com/r/b3sbwNP5GC</a>
13-14 April 2024 TBC May 2024	Silver Medallion Aquatic Rescue	<a href="https://forms.office.com/r/5Zr5rQrrPA">https://forms.office.com/r/5Zr5rQrrPA</a>
2 Dec 2023	Gold Medallion	<a href="https://forms.office.com/r/qx9EupDDoR">https://forms.office.com/r/qx9EupDDoR</a>
TBC Jan 2024 TBC Mar 2024	UAV Courses	<a href="https://forms.office.com/r/u6BkGLinPS">https://forms.office.com/r/u6BkGLinPS</a>

For more information on SLS Education pathways visit <https://www.surflifesaving.com.au/.../education-pathways.../>

I am also looking for someone to join the education team to help co-ordinate these courses throughout the season between our club, SLS Central Coast and SLSNSW, if you are keen or interested please contact me [education@uminaslsc.org.au](mailto:education@uminaslsc.org.au)

# Surf Sports...

- Love Squad Swim sessions on Friday morning from 6am with Damo. Bring a smile, some fun, Hi vis tops and fins if you need an extra kick- Must be SRC/ Bronze qualified or in training.
- Board Training for SRC to Bronze Tuesday 6am
- U15- Masters Point Score-28 January @ 2pm
- Surf Swim race on Sunday's at 11am with Carl -(Race will be handicapped ) first Male & Female win a meal and drink voucher at Sunday sips.
- Interbranch team at Fingal Bay 2nd / 3rd December. We're thrilled that Marli Hoyland, Savannah Glynn, Chloe Hall and Sadie Martin have been chosen to represent Umina SLSC.

We are incredibly proud of these talented young athletes and their dedication to surf life-saving.

- Good luck to our boaties travelling to Coffs Harbour this weekend for the Coff's Craft Carnival, also congratulations on the Lepers (Mens Masters) and Bruisers ( u19 girls) for their impressive efforts in Round 1 of the 2023/24 Stevens Group Central Coast and Hunter Boat Series earlier in November.

It's been a full on start to the season with lots of carnivals for Jnrs, Seniors & Masters, thanks to all that competed, officiated, Water Safety, Coaches & Team managers and not to forget the parents helping.



Click pic to enter

# Carnival Information

## IMPORTANT NOTICE -STATE CHAMPIONSHIPS

### AGE, OPEN, MASTERS, BOATS, AND LIFESAVING

This year the carnival entries for State are \$68 per Championship.  
The costs will be different from previous years.

An example is a Master doing Master's and then the Boat Championship the entry fee would be a total of \$136.

Another example would be an Under 14 competitor doing the Age Championships, then the Opens to do an Under 15 Teams event, and then compete in a Lifesaving event, (e.g. Lifesaver, First Aid) the total cost would then be \$204

The club has decided that anyone doing more than one Championship will be assisted with the second and possible third carnival, entry fees, and will only need to pay \$34 for those carnivals.

Carnivals will be open the first week of December, with a closing date for payments the 31st December 2023.

Entries will be through simple tix, and there will prices set up for both prices.

If you require any assistance with entries, please contact Jan on 0406 537 667 or [jan.harding@uminaslsc.org.au](mailto:jan.harding@uminaslsc.org.au)

DO NOT FORGET TO USE YOUR PROMO CODES, any queries with these, please contact Jan.



# Surf Camp...

Wow what a day !! Another awesome Surf Camp for the kids !

The perfect conditions for our Nippers to enjoy the best day of the season. We saw an enthusiastic group take to the sand with intentions of fun, sun, waves, friends and food. The waves delivered while all our kids ignored any fears and accepted some absolutely waves.

We don't even think they realised they were learning along the way, there was just too much fun! They did expand their skills on start techniques, popping, wading, dolphin diving and water skills in general.

With many thanks to all helpers from water safety, to the kitchen crew, team and station leaders and of course the lady who made the day possible Ally Hoyland. When the smiles are as abundant as we saw today, you know you put on a great show. WINNING!

Lots of pics- Check out our Facebook page...



# Club Spotlight...

Jan Harding

**Where were you born? and if in another country when did you come to Australia / Central Coast?**

Born in England, came to Australia 1975 the Central Coast 1984

**When did you join Umina SLSC?**

1986

**What is your favourite sporting team?**

Don't really have one. I do like Netball and Tennis, though.

**Do you have any special interests or hobbies you would like to share or something we don't know about you?**

I enjoy crafting, making cards, diamond painting. Doing my family history.

**Any profound words or wisdom to share?**

Just a, thank you, goes a long way.

**Favourite Food?**

Steak

**Favourite Music?**

Nothing in particular just a mix of songs from the 80's, I don't mind listening to Michael Buble.



# Club Spotlight...

Mike Begg

**Where were you born? and if in another country when did you come to Australia / Central Coast?**

I was born in St Catherines Hospital, Birkenhead, Wirral, (over the water from Liverpool) Cheshire. Emigrated to this great land 1998, some 25 years ago, with my wife Julie & two children, Graeme, (10) & Nicola, (8). (We now have four fantastic grandchildren, with another one on the way!!).

**When did you join Umina SLSC?**

Bronzies, Oct 2022

**What is your favourite sporting team?**

Eastwood RUFB, Wirral RUFC, England RU Team. (the odd Wallabies game when they play NZ All Blacks or South Africa, (sorry Fiona)).

**Do you have any special interests or hobbies you would like to share or something we don't know about you?**

I was a member of HM Armed Forces, serving in Northern Ireland active service, Belize, South America, instructor in jungle warfare training school/active service, Germany BAOR, and UK – for five years (can't tell you anything else...as I would have to kill you). Since I have lived in Australia, always been a volunteer over the years – Cherrybrook local bush fire brigade active member, Refuge teacher/educator, Lifeline Crisis Supporter/Councillor.

**Any profound words or wisdom to share?**

"The more you give, the more you get back in abundance". The other one...."Don't Eat Yellow Snow" !!! (you can ask me why!!!)

**Favourite Food?** Thai, Indian, Chinese

**Favourite Music?** Tamla Motown & Northern Soul (google it!!!)



# Information and Dates...

Click the picture to book your tickets.  
Don't miss out!

**UMINA SLSC  
CHRISTMAS  
PARTY**



📅 17 DECEMBER | 4PM  
📍 UMINA SLSC CLUB HOUSE  
💰 MENU PRICING. \$10 - \$45

[BOOK NOW](#)

*Sunday Bar  
& Sips Roster*



**SALE  
SALE  
SALE**

*Annual Awards Night  
Ettalong Diggers*

**SAVE THE DATE**

Uniform Shop Sale Days  
3 December  
10 December  
Come and grab a bargain!

Annual Awards  
night-Umina  
SLSC  
1 June 2024

**UMINA SLSC  
GOLF DAY**



📅 8 JAN | 7:30AM SHOT GUN START  
📍 EVERGLADES COUNTRY CLUB  
💰 INDIVIDUAL - \$60  
TEMAS OF 4 - \$240

[BOOK NOW](#)

**United**



**4¢** per litre  
**DISCOUNT**  
2¢ for your club  
+2¢ for you



*The Deck*  
@ Umina SLSC

Friday Socials  
Bar opens 4pm - 6pm  
Kitchen opens 5pm - 7pm



# What's On

## **UMINA SLSC CHRISTMAS TOY/GIFT DRIVE AND COMMUNITY BBQ BREAKFAST**

Christmas is a time for giving and time to share moments with. Last year we opened the doors to our surf club on Christmas Day where we provided a big breakfast, hot showers, and plenty of Christmas cheer for those in need, those without family, anyone in our wider community and surf club members.

It was a first for our surf club, and the Christmas cheer that morning was special. What we didn't anticipate was how many of our local community attend the beach on Christmas morning to reflect, remember or just have somewhere to be or something to do. Most of these beautiful people were on their own and we were privileged to be able to share a meal on Christmas.

In conjunction with the Community Breakfast, we ran a very successful toy/gift drive where all our donations were forwarded to those in need. This year we have partnered with Mary Mac's at Woy Woy and will be making this toy drive even bigger.

Mary Macs are expecting 200 guests for their Christmas luncheon on the 14th December and we'd love to have something for everyone on that day. Any overflow gifts will be directed to families associated with the other programs that include a young parents homelessness program and an emergency accommodation program

If you would like to donate a gift, please have it wrapped and a label identifying what age/gender it would be suitable for. Gifts can be dropped off at the Surf Club from Friday 8th December and Monday 11th in order for us to deliver on the Thursday.

Thanks in advance for your support- HM





# Member Protection and Child Safety

If we aim to do anything right, it is to ensure our members and their families are well protected and looked after. We have a great team available for our members to speak to if they have any concerns.

For any club concerns or even personal concerns we are here for you.

To contact our team please email

Members Protection - [memberprotection@uminaslsc.org.au](mailto:memberprotection@uminaslsc.org.au)

Child Safety - [childsafety@uminaslsc.org.au](mailto:childsafety@uminaslsc.org.au)

Complaints - [complaints@uminaslsc.org.au](mailto:complaints@uminaslsc.org.au)

## Member Protection Group



**MPIO**  
Lauren Summerhayes



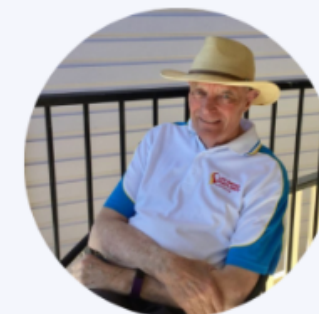
**MPIO**  
Shane Hoyland



**Child Safety**  
Jane Ritson



**Complaints Manager**  
Mike Begg

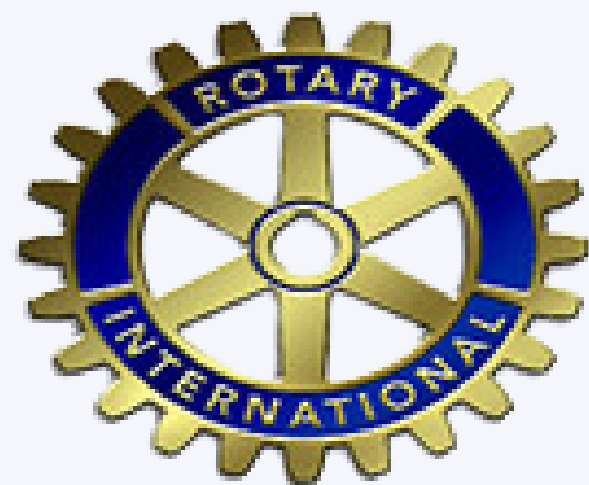


**Club Chaplain**  
Arthur Pearce



# Platinum Sponsors

Umina SLSC is a large community based voluntary organisation working towards long term relationships with its sponsors.



# Sponsors...



BENDIGO BANK  
FORTUNITY  
UMINA BEACH CAFE  
CONSTRUCT CENTRAL COAST  
STICKY GREEN FROG GRAPHIC DESIGN  
CENTRAL COAST SURF LIFESAVING  
CENTRAL COAST COUNCIL



D & G SMASH REPAIRS  
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UMINA BEACH PUBLIC SCHOOL  
PAUL BYRD  
STS BOARD CENTRE UMINA  
SALS SURF SCHOOL  
MATERIAL GIRLZ EVENT STYLING  
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