

Newsletter-January 24

# STINGRAY NEWS



# Presidents Fast Five...

- Our sympathies to the family and our members who were involved in the medical incident that occurred on Christmas Day. By all accounts our members and volunteers from the public worked together really well. Many thanks to all of our amazing volunteers who have patrolled over this very busy holiday season.
- We have lots of upcoming Surf Sports events in the next few weeks, starting with our Club Pointscore events this weekend for both nippers, seniors and masters.
- We are hosting the Branch Nipper carnival, which to have Branch on your home beach is always a big advantage to our competitors. We are looking for lots of helpers to assist with the work party for beach set up, pack up, BBQ and catering etc. Any help, for any part of the day, would be greatly appreciated. Many hands make light work.
- Friday socials on 'The Deck' have been really well supported over the holiday break.
- The Stingers conducted a very successful and enjoyable patrolling Trip to Crowdy Head. It was well supported by our Youth members and many thanks to Deepwater Plaza for sponsoring the event.



**Umina SLSC is  
now a smoke  
free venue**



# Lifesaving...

A small team of Umina SLSC lifesavers volunteered to patrol at The Entrance SLSC on the northern end of the Central Coast.

A massive thank you to the team, Mike, Davara, Brad, Karen, Marli, Marshall and Bethwyn, who patrolled at The Entrance SLSC today.

This gave The Entrance's only 5 patrol teams a day off and our lifesavers an experience patrolling another beach with different conditions and environment to our own.

Thank you so much Team!



## 2024 SLSCC Rookie Challenge

Great afternoon that covered a theory paper, signals, rescue relay, lifesaver relay and a bodyboard relay.

Wonderful representation by our U13 & U14 Rookie Lifesavers. They even came away with the overall point score win!!



# Youth...

Matilda supported the youngest age group, providing one on one water safety support for children with vision impairment. Activities supported included SUP paddling, SUP Yoga and providing beach safety education and activities. Matilda is an outstanding young life saver and a credit to Umina SLSC



# Social Stingers...

2024 Umina Stingers Youth Trip to Crowdy Head. Thank you Crowdy Head Surf Life Saving Club for your hospitality and allowing us to patrol your beach for the weekend #Deepwaterplaza



# Silver Salties...

Thank you very much to Pam who joined us this morning at Silver Salties to give the group a talk on CPR and on the use and how a defib works

Very much appreciated and very informative.



# Sun Safe...

Thanks to Woy Woy Lions Club who donated our new Sun squirt dispenser It has been put to good use on our weekend Patrols and club events... Don't forget to SLIP, SLOP, SLAP.



# Education...

A great start to 2024 with 12 new Bronze Members completing the SRC to Bronze Course during the Christmas holidays, and 20 new members starting the Bronze Medallion course in January, a great mix of parents looking to support their children in nippers, ex bronze members from other clubs who have taken a break re-doing the Bronze, and new members looking to patrol and give back to the community.



Date	Course	Register
<b>TBC 2024</b>	<b>IRB Crew Course</b>	<a href="https://forms.office.com/r/jj4tRJsUgF">https://forms.office.com/r/jj4tRJsUgF</a>
<b>24 Mar 2024</b>	<b>First Aid &amp; ART upgrade Courses</b>	<a href="https://forms.office.com/r/7iJd6cC6zb">https://forms.office.com/r/7iJd6cC6zb</a>
<b>18-19 May 2024</b>	<b>Silver Medallion Patrols Captains</b>	<a href="https://forms.office.com/r/b3sbwNP5GC">https://forms.office.com/r/b3sbwNP5GC</a>
<b>13-14 April 2024 TBC May 2024</b>	<b>Silver Medallion Aquatic Rescue</b>	<a href="https://forms.office.com/r/5Zr5rQrrPA">https://forms.office.com/r/5Zr5rQrrPA</a>
<b>TBC Mar 2024</b>	<b>UAV Courses</b>	<a href="https://forms.office.com/r/u6BkGLinPS">https://forms.office.com/r/u6BkGLinPS</a>

For more information on SLS Education pathways visit <https://www.surflifesaving.com.au/.../education-pathways.../>

# United Surf Sports...

Over the Australia Day long weekend Umina/Ocean Breach hosted the next round of the Central Coast/Hunter Boats Carnival-Well done to our Leper Rowers doing double time in Masters and Reserves in challenging conditions.

Thanks to everyone that assisted on the day and thank you to Mandy for organising the catering.

Results:

Masters Men  
2 x 1st place  
1 x 2nd place

Reserves Men  
3 x 4th place



Huge congratulations to Izzy & Niamh who came away with 2 Silver medals from the Freshwater carnival in R & R U12 & U13/14 Shout out to coach Mel Sharpe

Well done to our Nippers who attended the Nipper carnival in Terrigal on 14 Jan, as always we are so proud of ALL your efforts.



# Senior Masters Point score...

What a fantastic role up today for Senior Point score. Lots of action, fun and camaraderie, check out our Facebook page to see all the action- thanks to Jamie Dixon for the awesome shots.



## 3rd Call for Officials Nominations: 2024 State Champs

SLSNSW is making a third call for nominations from accredited officials wishing to attend the 2024 NSW Surf Life Saving Championships, proudly presented by Your Local Club.

Nominations close Sunday 4 February. - [NOMINATE HERE](#)

Females	Name	Placing
60+	Wendy Cook	1st
50+	Kerry Armstrong Smith	1st
50+	Jenni Darwin	2nd
40+	Shelley Smith	1st
30+	Bree Melville	1st
Opens	Jemma Smith	1st
Opens	Bronte Smith	2nd
Opens	Mollie Murphy	3rd
U19	Davara Marshall	1st
U17	Lucy Marshall	1st
U17	Matilda Lawrence	2nd
U15	Julia Hall	1st
U15	Lilly James	2nd

Males	Name	Placing
60+	Bill Cook	1st
50+	Dean Tetley	1st
50+	Rick Boylan	2nd
50+	Richard Braddish	3rd
40+	Mick Magurren	1st
40+	Serge Kurov	2nd
40+	Layne Martin	3rd
40+	Matt Kelly	4th
40+	Luke Ingold	Eq 5th
40+	Adam Albrecht	Eq 5th
30+	Justyn Simonet	1st
30+	Patrick Carey	2nd
Open	Lachlan Braddish	1st
Open	Brad Dawson	2nd
U19	Archie Rayner	1st
U17	Marshall Dodsworth	1st
U15	Kai Armstrong	1st



# United Fuel Offer...

In addition to sponsoring us, United Petroleum also supports the Umina Surf Lifesaving Club community with a 4c per litre fuel discount.

The discount is split as 2c per litre to you and the other 2c per litre also goes back to our club for fundraising!

Simply click the weblink or scan the QR code below to get your discount card and start saving! It only takes a minute.

<https://www.unitedpetroleum.com.au/fuel-discount-cards/up-community/umina-surf-lifesaving-club/>

When purchasing fuel at a participating United service station (there are 380+ Australia-wide, including United Umina), simply present your fuel discount card to the cashier.

Locate participating United service stations [here](#).



**United**

Umina SLSC

**4¢** per litre  
**DISCOUNT**  
2¢ for your club  
+2¢ for you

**Save on fuel**

Scan the QR code  
to apply



Three surf lifesavers in red and yellow jackets standing outdoors.

# Information and Dates...

- Sun 4th Feb- Branch Nipper Carnival
- Sat 10th Feb-Branch Masters Carnival
- Sun 11th Feb-Branch 15-Opens/Boats
- Sat 17th Feb-Branch Champion Lifesaver/Patrol Comp
- Sun 18th Feb- Branch First Aid Comp
  
- Sun 25 Feb- General Meeting
- Sun 3rd Mar- U6 & U7 Presentation
- Sat 2nd Mar-Sun 17th Mar -State Championships

## **Surf Sports -**

Our branch championships are fast approaching!

Programs are LIVE on the SLSCC website

Link-

<https://slscc.com.au/gwswp/carnival-programs-2/>

Members can download the Live heats App to get results on the day as they are recorded.

<https://liveheats.com/ccb> (Central Coast Branch)

<https://liveheats.com/slsnsw>



# Finance...

Due to increasing workload and time restraints I am looking for someone who might be interested in helping within this area of the Club.

Maybe even with the vision of taking on the Finance Directors role.

We cover areas such as of Payroll / HR, Insurances, Assets, Grants, Leases, IT, Accounts, Policies & Procedures and many more.

I have a great team already but there are many more areas to cover.

Wendy 0428 421 412

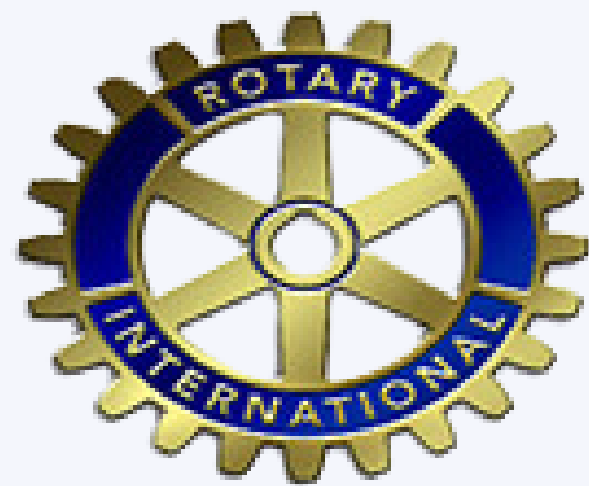


## Sunday Sips Bar & Kitchen Roster

Date	Bar Team	Kitchen
4 Feb	Team A	Ladies Team
11 Feb	Team C	U6
18 Feb	Team G	U9
25 Feb	Team B	U14

# Platinum Sponsors

Umina SLSC is a large community based voluntary organisation working towards long term relationships with it's sponsors.



# Sponsors...



BENDIGO BANK  
FORTUNITY  
UMINA BEACH CAFE  
CONSTRUCT CENTRAL COAST  
STICKY GREEN FROG GRAPHIC DESIGN  
CENTRAL COAST SURF LIFESAVING  
CENTRAL COAST COUNCIL



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ENGINE SWIMWEAR  
PROVIDENCE MEDICAL UMINA  
HOMEBROOK PTY LTD



UMINA BEACH PUBLIC SCHOOL  
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STS BOARD CENTRE UMINA  
SALS SURF SCHOOL  
MATERIAL GIRLZ EVENT STYLING  
LAHEY CONSTRUCTION  
EAST COAST ROOFING  
BAYSIDE QUALITY BUILDERS  
MR SCAFFOLD  
GOOD GEAR  
COLEMAN ADVISORY