

Newsletter-April 24

# STINGRAY NEWS



# Presidents Fast Five...

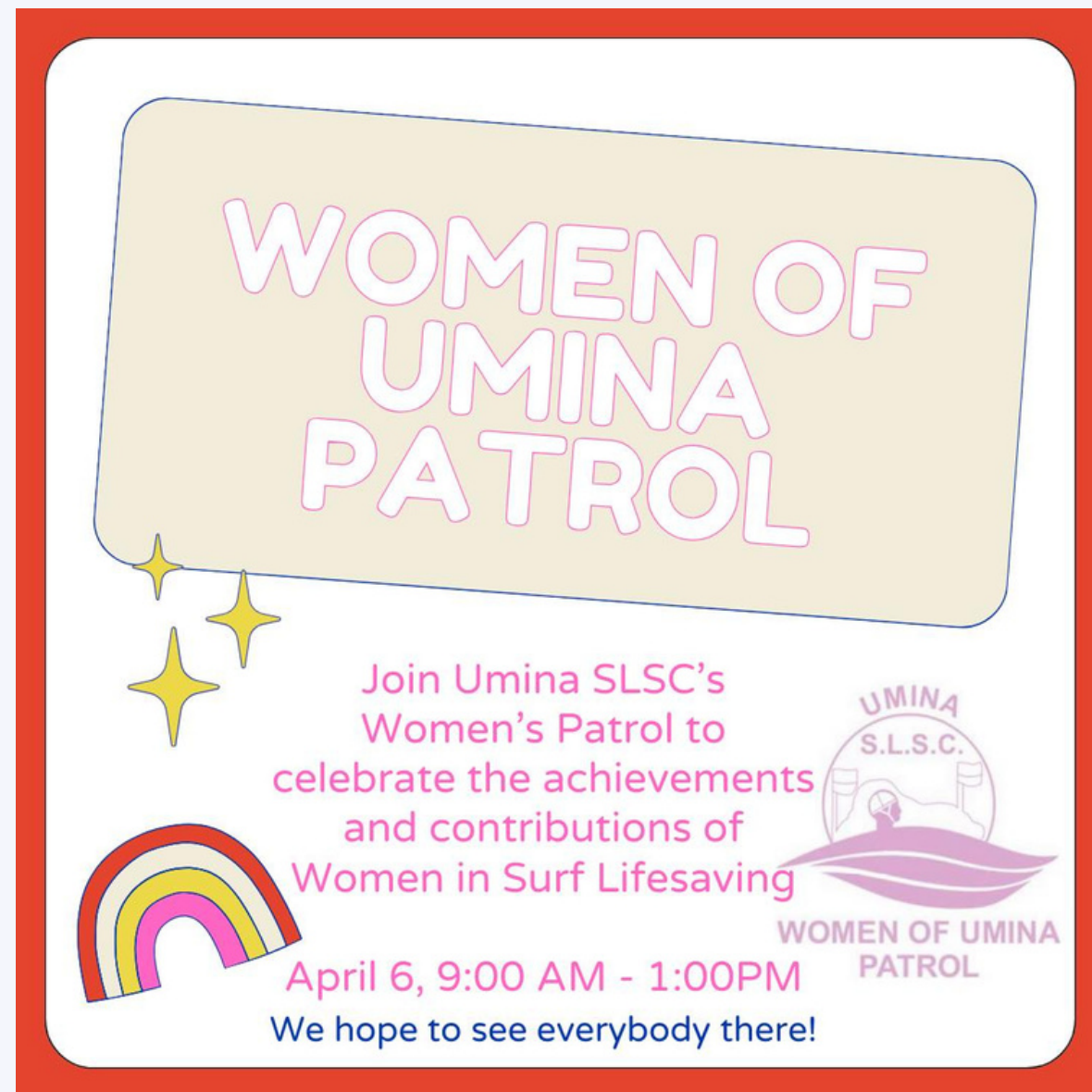
1. Congratulations to all competitors that represented our Club at the NSW State Titles. Excellent sportsmanship, effort and results. Well done. Good luck to all of those competitors travelling to the Australian SLS titles in the Sunshine Coast. Best wishes and have fun.
2. Fishy Friday was a well supported, many thanks to the wonderful team of ladies who did the cooking for the event.
3. The inaugural Board Bash was a great success. A wonderful initiative by Damon Somerfield and Scott Micallef. Thanks to Steve Murphy for running the event and Mr Scaffold (Scotty) for his sponsorship of the mornings events.
4. Keep an eye out, as there are a wide variety of courses still scheduled for the end of season and into the off season. Congratulations to our recent, new Bronze medallion holders, a wonderful achievement.
5. Patrols continue through to the end of the school holidays. Another successful Patrol Relay morning was conducted, which was well supported with 9 patrols and our visitors from Crowdy Heads participating. This weekend sees the introduction of the very first WOUP (Women of Umina Patrol).



# Lifesaving...

## Women of Umina Patrol

Saturday April 6th, 9am - 1pm is our Women of Umina Patrol (WOUP), where everyone is welcome to celebrate Women in Lifesaving!



## Patrol relay event

Thank you to everyone who joined our patrol relay event this morning! It was great to have 10 teams participating in the event and a load of fun was had by all.

Congratulations to Patrol 2 for taking out the title this year! Taking some key points towards Patrol of the Year, the overall winning team will be announced at the Annual Awards Night on the 1st of June.

- 1st - Patrol 2
- 2nd - Patrol 7
- 3rd - Crowdy Head Youth
- 4th - Patrol 3
- 5th - Patrol 5
- 6th - Patrol 12
- 7th - Patrol 6
- 8th - Patrol 8
- 9th - Patrol 2 (team 2)
- 10th - Patrol 10



# Education...

A massive congratulations to our newest Bronzies who passed their final assessment this morning, 8 weeks of training and hard work has lead to this moment!!

Not only did that pass their Bronze Medallion , but also Provide First Aid , and Advanced Resuscitation Techniques

A big Umina Surf Life Saving Club thank you to our trainers and assessors Matt Fearnley, Pam Edmonds, Mike Begg, Jarryd Edmonds for training and delivering the assessment for this group. And to Bethwyn Caller who has started on the pathway to become a trainer.



Date	Course	Register
<b>20 &amp; 21 April 2024</b> <b>27 &amp; 28 April 2024</b>	<b>IRB Crew Course</b>	EOI to- jarryd437@hotmail.com or matt.fearnley@hotmail.com
<b>18-19 May 2024</b>	<b>Silver Medallion Patrols Captains</b>	<a href="https://forms.office.com/r/b3sbwNP5GC">https://forms.office.com/r/b3sbwNP5GC</a>
<b>14 &amp; 19 May 2024</b>	<b>Silver Medallion Aquatic Rescue</b>	<a href="https://forms.office.com/r/5Zr5rQrrPA">https://forms.office.com/r/5Zr5rQrrPA</a>

For more information on SLS Education pathways visit  
<https://www.surflifesaving.com.au/.../education-pathways.../>

# Youth...

**Congratulations** to Bronte Smith who received her Gold Duke of Edinburgh Award at Governor House from Her Excellency the Honourable Margaret Beazley AC KC, 39th Governor of New South Wales.

It's a huge achievement to complete the Duke of Edinburgh Gold Award, with Bronte completing multiple years of community service, physical activity, learning new skills and participating in adventurous journeys.

After receiving the award on Thursday, Bronte has just spent the whole weekend hosting youth members from Crowdy Head SLSC, providing other youth members with leadership opportunities and positive experiences in SLS.



## **Crowdy Head Visit**

Last weekend our friends from Crowdy Head Surf Club came to visit for the weekend.

Many thanks to our Umina Youth Stingers who joined in on activities and made our guest feel so welcome, along with everyone who assisted in making the weekend such a success.

Thank you also to Deepwater Plaza for making this weekend and the activities involved possible.



# **United** Surf Sports...

## MASTERS STATE

2nd Jason Tucker - 50-54 yrs Male 2Km Beach Run  
2nd Christine Bishop - 50-54 yrs Female 2Km Beach Run  
3rd Natasha Cogle - 40-44 yrs Female 2Km Beach Run  
3rd Jennifer Darwin - 50-54 yrs Female Single Ski  
3rd Deb Braddish - 60-64 yrs Female Beach Sprint  
4th Justyn Simonet - 35-39 yrs Male 2Km Beach Run  
4th Umina - 170 yrs min Female Beach Relay (Debra Braddish, Natasha Cogle, Jennifer Darwin & Christine Bishop)  
4th Jennifer Darwin - 50-54 yrs Female Board Race  
4th Umina - 40-44 yrs Female Board Rescue (Natasha Cogle & Jennifer Darwin)



## CHAMPION LIFESAVER

Congratulations to the following members on their **State** results.

1st Kerry 50+ Champion Lifesaver  
2nd Marli U14 Champion Lifesaver  
2nd Lily U15 Champion Lifesaver  
2nd Shelley 40-49 Champion Lifesaver  
3rd India U14 Champion Lifesaver  
3rd Timon U14 Champion Lifesaver  
3rd Damon 40-49 Champion Lifesaver  
4th Luke 40-49 Champion Lifesaver  
4th Archie U19 Champion Lifesaver  
7th Matilda U17 Champion Lifesaver



# United Surf Sports...

Umina SLSC we would like to introduce you to our **Nippers State** Championship medallists for the season of 23/24. All our competitors at State were absolute champions and we celebrate you all on an incredible turn out for the

1st Savannah Glynn U13 Board Race 🏆

1st Lexie Bush U11 Board Race 🏆

2nd Nick Hopley U10 Board Race 🥈

2nd Niamh Fearnley & Isabella Ayres U12 R&R 🥈

3rd Lylah Glynn U10 Board Race 🥉

3rd Savannah Glynn & Chloe Hall U13 Board Rescue 🥉

3rd Chloe Hall, Savannah Glynn, Airlie Armstrong and Liliana Carpenter U13 Surf Race 🥉

3rd Savannah Glynn & Chloe Hall 2x1km Beach run 🥉

*Congrats!*



# Surf Sports...

Good Luck to all our competitors who will head off to the sunshine coast next week to compete in the Australian Surf lifesaving Championships.





# Officials Course...



We are looking at holding a BYOD Officials course for late April early May

- Core Official course, cost \$60,
- Technical Official course cost \$60

Do a carnival get your paperwork signed off and a refund of the course fee will be processed. The more we have the better for everyone concerned in taking it in turns instead of relying on the same people EVERY carnival.

Contact: [jan.harding@uminaslsc.org.au](mailto:jan.harding@uminaslsc.org.au)

## **SLS - Core Official**

Surf Life Saving-

This course provides a basic understanding of the key events conducted for junior level competitions. Core Officials are permitted to Officiate at any carnivals and competitions including State Championships where up to and including under 14 years age categories are conducted.

There are four duties that they can carry out: Marshall, Recording Judge, Timekeeping Judge and Finish Judge. Core Officials will be supervised at competitions by a competent Technical (or above) accredited Official.

## **SLS - Technical Official**

Surf Life Saving-

Officials who choose to fulfil specific officiating role/s and who work with participants (non-bronze proficient,

Surf Rescue Certificate qualified or bronze proficient) who are actively competing in a club / branch / state surf sport competition environments. Officiating roles may include: Marshall/Check-Marshall, Starter/Check-Starter, Recorder, Timekeeper and Finish Judge.

# United Fuel Offer...

In addition to sponsoring us, United Petroleum also supports the Umina Surf Lifesaving Club community with a 4c per litre fuel discount.

The discount is split as 2c per litre to you and the other 2c per litre also goes back to our club for fundraising!

Simply click the weblink or scan the QR code below to get your discount card and start saving! It only takes a minute.

<https://www.unitedpetroleum.com.au/fuel-discount-cards/up-community/umina-surf-lifesaving-club/>

When purchasing fuel at a participating United service station (there are 380+ Australia-wide, including United Umina), simply present your fuel discount card to the cashier.

Locate participating United service stations [here](#).



**United**

Umina SLSC

**4¢** per litre  
\*  
**DISCOUNT**  
2¢ for your club  
+2¢ for you

**Save on fuel**

Scan the QR code  
to apply



Three surf lifesavers in red and yellow jackets standing on a beach.

# Information and Dates...

## UPCOMING DATES

- Junior Presentation U8-U14 - 19 May -Clubhouse 3pm
- Senior Presentation U15+ -1st June-Ettalong Diggers
- Branch Annual Awards-15 June
- Annual General Meeting-23 June
- Australian Surf Lifesaving Championships- 13 April
- Branch Pool Rescue 19 May
- NSW Pool Rescue 14-16 June



# Platinum Sponsors

Umina SLSC is a large community based voluntary organisation working towards long term relationships with it's sponsors.



# Sponsors...



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UMINA BEACH CAFE  
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CENTRAL COAST SURF LIFESAVING  
CENTRAL COAST COUNCIL



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